# M.A. in School Counseling / 2012-2013

## Course of Study for the Master of Arts in School Counseling Initial License (Pre K-8 or 5-12)

Candidates for the degree of Master of Arts in School Counseling are required to complete a rigorous 54-credit (16 course and practicum) program to develop systematically the knowledge and skills essential to demonstrate competence. For those seeking licensure, institutional endorsement for the Massachusetts Initial License for School Guidance Counselor (PreK-8 or 5-12) requires, at a minimum, successful completion of all listed courses or their equivalents. Enrollment in some courses, including the practicum requires the prior approval of the Director of the School Counseling program and/or the completion of prerequisite course(s) beyond the required courses listed. A 75-hour non-credit pre-practicum is required by the Massachusetts Department of Elementary and Secondary Education (DESE). The pre-practicum requirement must be completed prior to the practicum.

Students may elect to enroll in the program on a full- or part-time basis. Following is the full-time course of study:

### YEAR 1 FULL TIME

#### FALL

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<thead>
<tr>
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Subtotal 12

#### SPRING

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### SUMMER SESSION I

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**(SCP 610 & SCP 620 offered during Summer Session I and II)

New students may begin enrolling in courses in the summer prior to full-time or part-time study in the fall.

### YEAR 2 FULL TIME

#### FALL

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<td>Consultation &amp; Collaboration: School/ Home/Family</td>
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<td>Intervention Strategies: Academic &amp; Learning</td>
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***(4 Intermediate course options are available, student is required to take 2 maximum along with their practicum)

#### LEVEL III ADVANCED COURSES - PRACTICUM

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<td>Clinical Practicum and Seminar: School Counselor, Guidance (5-12)</td>
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Subtotal 9

#### ADDITIONAL ELECTIVES (OPTIONAL)

- Fall continued thru Spring / Year - Total of 5 Workshops
  - YR 1 – SCP 730 Special Topics: School Counseling Workshops | 3
  - YR 2 – SCP 730 Special Topics: School Counseling Workshops | 3

Subtotal 6

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** Elective (Optional) SCP 750-Directed Study in School Counseling (If needed, must be approved by director) - 3 credits

Students can receive up to a total of 60 graduate course credits when including the additional electives option.
The combined M.A./C.A.G.S. enhances the expertise and employability of our graduates in Massachusetts and other states. This comprehensive program includes coursework and an Advanced Clinical Practicum leading to Initial License as a School Social Worker/Adjustment Counselor, All Levels, a high demand occupation throughout the United States. All courses in the M.A. in School Counseling program leading to licensure as a school guidance counselor PreK-8, 5-12 meet the Subject Matter Knowledge (SMK) for the Social Worker/Adjustment Counselor Initial License (all levels).

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### LEVEL I FOUNDATIONS AND INTRODUCTORY COURSES

- SCP 610 Multicultural Family Counseling & Collaboration
- SCP 620 Vocational, Career & College Counseling (5-12)
- SCP 625 Neuropsychology of Learning & Behavior
- SCP 640 Developmental Psychopathology
- SCP 730.18 Juvenile Court and Education for Counselors

### Level I Foundations and Introductory Courses

- SCP 610 Multicultural Family Counseling & Collaboration
- SCP 620 Vocational, Career & College Counseling (5-12)
- SCP 625 Neuropsychology of Learning & Behavior
- SCP 640 Developmental Psychopathology
- SCP 730.18 Juvenile Court and Education for Counselors

**Level II Intermediate Courses - Practicum**

- SCP 525 Consultation & Collaboration: School/Home/Family
- **PSY/SED 568** Behavioral Assessment & Intervention
- **SCP 630** Intervention Strategies: Social & Emotional
- **SCP 635** Intervention Strategies: Academic & Learning

**Level III Advanced Courses - Practicum**

- SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8 OR
- SCP 815 Clinical Practicum and Seminar: School Counselor, Guidance (5-12)

**Subtotal**

### Level I Foundations and Introductory Courses

- SCP 610 Multicultural Family Counseling & Collaboration
- SCP 620 Vocational, Career & College Counseling (5-12)
- SCP 625 Neuropsychology of Learning & Behavior
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- SCP 730.18 Juvenile Court and Education for Counselors

**Level II Intermediate Courses - Practicum**

- SCP 525 Consultation & Collaboration: School/Home/Family
- **PSY/SED 568** Behavioral Assessment & Intervention

**Level III Advanced Courses - Practicum**

- SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8 OR
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**Subtotal**

### Level I Foundations and Introductory Courses

- SCP 610 Multicultural Family Counseling & Collaboration
- SCP 620 Vocational, Career & College Counseling (5-12)

**Level II Intermediate Courses - Practicum**

- SCP 525 Consultation & Collaboration: School/Home/Family
- **PSY/SED 568** Behavioral Assessment & Intervention

**Level II Intermediate Courses - Practicum**

- SCP 610 Multicultural Family Counseling & Collaboration
- SCP 620 Vocational, Career & College Counseling (5-12)

**Level III Advanced Courses - Practicum**

- SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8 OR
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**Subtotal**

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- SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8 OR
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**Subtotal**

### LEVEL III ADVANCED COURSES - PRACTICUM

**Level III Advanced Courses - Practicum**

- SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8 OR
- SCP 815 Clinical Practicum and Seminar: School Counselor, Guidance (5-12)

**Subtotal**

### REQUISITE COURSES / CERTIFICATE OF ADVANCED GRADUATE STUDY (C.A.G.S.)

**Students may enroll once accepted into the C.A.G.S. program**

- SCP 740 Principles and Practices of School Social Work/Adjustment Counseling in Schools* 3
- SCP 745 Juvenile Court and Education for Counselors* 3

**Subtotal** 6

### ELECTIVE COURSES / CERTIFICATE OF ADVANCED GRADUATE STUDY (C.A.G.S.)

**Additional Special Topics courses are developed to address current issues and student and district needs.**

- SCP 730.15 Special Topics: Current Issues in School Counseling (through Institute for School Counseling and School Psychology)* 3
- SCP 730.16 Special Topics: The Curriculum Project 3
- SCP 730.17 Clinical Topics and Evidence-Based Programs 3
- SCP 750 Directed Studies 3
- SCP 755 Positive Psychology & School Counseling: A Strengths-Based Approach 3
- SCP 760 Addictions Seminar for School Counselors 3

**Subtotal** 12
SCP 510 Professional Orientation to Counseling
This foundation course provides an introduction to all aspects of the counseling profession. History, roles, organizational structures, ethical standards, legal issues and credentialing are included. Public policy processes that focus on the role of the professional counselor with an introduction to advocacy for the profession and clients are included. The importance of professional development and participation in counseling professional organizations and exploration of the role of the counselor as a member of a multidisciplinary team is emphasized. A class project that focuses on a professional aspect of the counseling profession is a culminating activity of this course.
Prerequisites: None
3 credits

SCP 515 Counseling Theories, Principles, and Practices
The purpose of this course is to provide an introduction to the major theories of counseling including behavioral, humanistic, social learning, psychoanalytic, and cognitive. Approaches, principles, and procedures of counseling and consultation will be introduced including individual and systems perspectives consistent with relevant research. Skills essential to counselors such as interviewing, active listening, communication, problem analysis, and motivation are introduced in this course. Topics include: issues of confidentiality, relationship building, evaluation of outcomes, and referral strategies. Skills are practiced in laboratory exercises.
Prerequisites: SCP 510, SCP 515, SCP 535
3 credits

SCP 520 Psychology of Learning and Motivation
This course focuses on major theories of learning and motivation and relevant research with an emphasis on behavioral and cognitive learning theories. Consideration is given to neurophysiological foundations as well. How learning theory informs teaching practices to promote effective lesson planning and curriculum development is emphasized. Motivational strategies with a focus on student outcomes of intentional teaching are explored using case study and lab formats. Application of learning and motivational theory to the Massachusetts Curriculum Frameworks is stressed.
Prerequisites: SCP 510
3 credits

SCP 525 Consultation and Collaboration: School/Home/Family
This course emphasizes the knowledge and skills needed to improve academic and behavioral outcomes through comprehensive consultation, collaboration, and problem solving services in the school setting at the individual, group, family, and systems levels. It is designed to provide effective skills in problem solving that facilitate team building and collaborative relationships within the school, home, and community. Data-based decision making, evaluation, and accountability of interventions are addressed. Eligibility criteria for special education, development and implementation of 504 Plans, provisions for English Language Learners, crisis intervention, and referral to outside agencies, mandated reporting (51A), and transition planning are integrated within a case study and problem solving format.
Prerequisites: SCP 510, SCP 515, SCP 535
3 credits

SCP 535 Group Counseling and Leadership
The aim of this course is to provide students with an introduction to group processes and group leadership skills. This course provides the theoretical foundation and strategies in the design and implementation of groups in the school setting at various grade levels that are consistent with national and state models of comprehensive developmental school counseling within a multicultural context. Ethical issues and professional standards for groups are examined. The use of technology to manage and enhance group counseling effectiveness and resources for school counseling groups are explored.
Prerequisites: SCP 510, SCP 515
3 credits

RSCP 540 Introduction to Research and Program Evaluation
This course is designed to enable students to become critical readers of research in counseling. It introduces them to design and conduct research in an applied setting. Both quantitative and qualitative methodologies are addressed. Students are expected to analyze research reports and to design potential research projects. Principles, practices, and applications of needs assessment and program evaluation, as well as use of computers for data management and analysis and ethical considerations in conducting research are a focus of this course.
Prerequisites: SCP 560
3 credits

SCP 545 Human Growth and Development through the Life Span
This course provides in-depth study of human growth and development in the physical, cognitive, language, and social and emotional domains with an emphasis on both typical and atypical development. The positive contributions and limitations of various developmental theories and conceptual frameworks are examined. Throughout the course, students consider the relationship between development and the selection of appropriate educational services and interventions for children and adolescents with special needs.
Prerequisites: None
3 credits

SCP 560 Psychological and Educational Assessment
This course emphasizes the use of specific diagnostic psychological tests in a variety of domains. Specific psychological and educational tests used by counselors in educational settings are examined and students have the opportunity to use assessments. Individual and group achievement, curriculum based assessment, and vocational assessments, including the Massachusetts Comprehensive Assessment System (MCAS) are a focus. Other tests administered by psychologists are reviewed so that school counselors may understand and interpret results to parents, teachers, and students to inform educational interventions, advising, and placement decisions.
Prerequisites: None
3 credits

SCP 565 Fundamentals of School Counseling
This course provides school counselors with a combination of theory and practice for implementing a comprehensive school counseling program that is consistent with national and state developmental models in order to advance academic, personal/social, and career opportunities for all children in a pluralistic society. The history of school counseling, development of school counseling, and contemporary roles and functions of school counselors are emphasized. The primary roles of the school counselor are presented in relationship to elementary through high school settings. Curriculum development and instruction, educational planning, and consultation and collaboration skills are introduced. Practical strategies for planning, managing, and evaluating a comprehensive school program are presented utilizing national and state models. A review of Massachusetts Curriculum Frameworks and their relationship to educational planning and advising are included. Professional issues including confidentiality, legal and ethical standards, and the future of the profession are reviewed. Coursework is integrated with lab experiences.
Prerequisites: SCP 510
3 credits

PSY/SED 568 Behavioral Assessment and Intervention
This course is designed to provide students with principles for the effective use of behavioral assessment and interventions in inclusive and special education classrooms. Students learn to use a cognitive-behavioral approach within a developmental context to identify, analyze, implement, and evaluate interventions to assist children and adolescents in general and special education classrooms. A team approach with a focus on consultation and collaboration skills necessary for special educators is emphasized. Research-based strategies to enhance classroom management, organization, and the learning environment are considered.
Prerequisites: SCP 520, SCP 560
3 credits
SCP 610 Multicultural Family Counseling and Collaboration
Theoretical concepts and practical strategies are used to implement effective multicultural counseling in the school setting as well as in the home and community. Specific strategies include: teaming, collaborative, preventive, and proactive practices for school counselors. Building partnerships with families, family involvement, and intervention with families to assist in academic, and personal/social development of students in the role of school counselor is the aim of this course. A theoretical understanding of family systems, social systems, contemporary families, and multicultural issues is integrated with effective strategies of parent involvement and parent training. Effective interventions for facilitating positive transitions into school, from one school to another, school to work, and school to college are explored. The impact of children with disabilities upon the family system is also explored. Parenting programs are stressed in order to provide the school counselor with practical evidence based strategies for positive parenting. The areas of child management and effective partnering with schools to support academic, career, learning, and personal/social goals of all students is emphasized.
Prerequisites: SCP 510
3 credits

SCP 620 Vocational, Career, and College Counseling
This course presents an analysis of basic theories of career progression from a developmental perspective. Attention is given to understanding the educational, psychological, and social factors which influence educational and vocational decision making. The use of vocational and educational assessment to advise students and to facilitate school to work and college planning is included. Focus is placed on understanding the resources necessary to assist adolescents in making mature post high school plans. The use of technology and resources to facilitate vocational, career, and college counseling and advising are integrated within the course through demonstrations and opportunities for practice.
Prerequisites: SCP 510
3 credits

SCP 625 Neuropsychology of Learning and Behavior
Building upon foundation courses in learning theory and typical and atypical child and adolescent development, this advanced course introduces students to neuropsychological principles underlying learning and behavior disorders in children and adolescents. Students become acquainted with the neuropsychological basis of learning and behavior disorders including reading, math, and language disorders as well as nonverbal learning disorders, disorders on the autistic spectrum, disorders of attention, and executive functions. With this foundation, students are more informed about various neurodevelopmental disorders, evidence based treatments, and accommodations for preschool through high school age children. A review of psychopharmaceutical interventions for the lay person is included. The interpretation of psychological and neuropsychological assessments and the presentation of these results to educators and parents is a focus in order to inform school interventions, and promote better learning and personal/social and career outcomes for all students.
Prerequisites: SCP 520, SCP 540, SCP 545, SCP 560
3 credits

SCP 630 Intervention Strategies: Social and Emotional
This course builds upon introductory counseling and development courses and provides school counselors with empirically-based prevention and intervention strategies for problems which impact the learning and development of children and adolescents in PreK-12 school settings. Topics to be covered include physical, emotional and sexual abuse, violence, divorce, substance abuse, grief, war, and terror. Prevention and treatment of childhood and adolescent disorders such as depression, anxiety, Attention Deficit-Hyperactivity Disorder (ADHD), behavioral disorders and suicide will be included. Practicum experiences and course work are integrated.
Prerequisites: SCP 535, SCP 545, SCP 640
3 credits

SCP 635 Intervention Strategies: Academic and Learning
Building on a foundation of counseling, development, learning, and teaching theories this course focuses on strategies for prevention of and intervention with academic problems that interfere with learning outcomes. Research based strategies that focus on school wide, large and small groups, and individual interventions are emphasized. Competency in providing effective interventions for group and independent work skills, organization and study strategies, learning strategies, mnemonic, reading, math and content area strategies, as well as test taking and homework is taught using case study and demonstration approaches. Data-based outcomes assessment and reporting is emphasized to evaluate the effectiveness of prevention and intervention strategies in improving learning and academic outcomes for all students. Practicum experiences are integrated with course work.
Prerequisites: SCP 520, SCP 535, SCP 545, SCP 625
3 credits

SCP 640 Developmental Psychopathology
A rapid growth in research in child development and clinical child psychology has led to the expanding field of developmental psychopathology. Developmental psychopathology combines research in child development and clinical child and adolescent psychology to better understand the conceptual frameworks, characteristics, developmental course, contexts and outcomes of psychopathology in children and adolescence. An ecological approach is emphasized in the development of child and adolescent psychopathology and the influence of contexts in the development of psychopathology and the affect on schools and families. Risk and protective factors as well as assessment and treatment of child and adolescent disorders is presented using current research to emphasize the role of developmental processes, contexts, and the interactive nature of development that influences adaptive and maladaptive functioning.
Prerequisites: SCP 545, SCP 520, SCP 560
3 credits

SCP 730.18 Juvenile Court and Education for Counselors
This course examines education law concerning students and counselors in their daily interactions in American schools. Special emphasis will be placed on the responsibilities that exist under State and Federal Law for confidentiality and mandated reporting by counselors in the school setting. Student’s rights to free speech in the classroom and the limitations placed on those rights by schools and courts will be explored and the role of counselors in facilitating the exercise of those rights will be discussed. The role of counselors as witnesses and advocates for students in the Juvenile Court system will be reviewed and proper record keeping consistent with the law and counseling practices will be covered. Finally the course will emphasize the positive role that counselors can play in using the Juvenile Court system to secure the best social and educational services for the students they serve.
Prerequisites: Permission of the Director of the School Counseling Program
3 credits

SCP 740 Principles and Practices of School Social Work/Adjustment Counseling in Schools
This course focuses on an overview of the principles and practices of school social work/adjustment counseling services in the complex and challenging school setting within a multi-cultural and strengths based framework. Legal and ethical issues that affect the role of school social worker/adjustment counselor are stressed. School-based intervention strategies are discussed, including group work, behavior management, and social skills training. A variety of topics/stressors experienced by youth, such as violence, trauma, death, divorce, poverty, neglect and abuse, alcohol and substance use are explored. The critical role of the school social worker/adjustment counselor with respect to general educators, special educators, specialists, administrators, and parents will be examined. An introduction to the juvenile justice system will be provided. A systematic approach aimed at identifying effective strategies for partnering with families and community services will be emphasized.
Prerequisites: Permission of the Director of the School Counseling Program
3 credits
SCP 755 Positive Psychology & School Counseling: A Strengths-Based Approach
In this course the basic tenets of positive psychology are presented as they relate to identifying, assessing, and building human strengths. A strengths-based focus is compared and contrasted to/with traditional problem-focused strategies. Theoretical constructs of positive psychology and their application to the function of school counseling are explored in depth. Topics to be discussed include life satisfaction, optimism, self-efficacy, character, flow, gratitude, and creativity. Relevant research findings and empirical studies of interventions and techniques are covered. Students will also learn a framework for identifying their own strengths, developing and practicing such skills and exploring how these concepts are used with, and fostered in, school-based populations.
Prerequisites: Permission of the Director of the School Counseling Program

SCP 760 Addictions Seminar for School Counselors
This course will provide students with an overview of the nature of addiction and the wide range of psychological, social, familial, and developmental implications of such behaviors in the school setting. Topics such as the etiology, manifestation, assessment, and evidence-based treatment of addiction will be covered. In addition, psychological theories of addiction and the subsequent implications for intervention will be discussed. Special attention will be paid to the role of the school counselor in developing and providing substance abuse education, consultation, and prevention in schools.
Prerequisites: Permission of the Director of the School Counseling Program

SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8
This clinical practicum is conducted in accordance with Massachusetts school guidance counselor PreK-8 licensure regulations for the Initial License. The student completes the three day a week practicum under the direction of the college supervisor and the immediate supervision of a school counselor who is licensed in the field at the PreK-8 level of certification. Students are evaluated using professional and ethical standards for school counselors. Students must meet specified criteria for the practicum. The seminar focuses on issues and strategies for implementing a comprehensive school counseling program incorporating technology for effective school counseling in grades PreK-8. Enrollment is limited to qualified matriculated graduate students.
Prerequisites: Students must achieve a passing score on the Massachusetts Test for Educational Licensure, Communication and Literacy Skills Test, and permission of the Director of School Counseling Program

SCP 815 Clinical Practicum and Seminar: School Counselor, Guidance 5-12
This clinical practicum is conducted in accordance with Massachusetts school guidance counselor 5-12 licensure regulations for the Initial License. The student completes the three day a week practicum under the direction of the college supervisor and the immediate supervision of a school counselor who is licensed in the field at the 5-12 level of certification. Students are evaluated using professional and ethical standards for school counselors. Students must meet specified criteria for the practicum. The seminar focuses on issues and strategies for implementing a comprehensive school counseling program incorporating technology for effective school counseling in grades 5-12. Enrollment is limited to qualified matriculated graduate students.
Prerequisites: Students must achieve a passing score on the Massachusetts Test for Educational Licensure, Communication and Literacy Skills Test, and permission of the Director of School Counseling Program

SCP 850 Advanced Clinical Practicum and Seminar: School Counselor, Guidance PreK-8
This advanced clinical practicum is conducted in accordance with Massachusetts school guidance counselor PreK-8 licensure regulations for the Initial License and is designed to further enhance and refine school counseling skills. The student completes a second semester three day a week practicum under the direction of the college supervisor and the immediate supervision of a school counselor who is licensed in the field at the PreK-8 level of certification. Students are evaluated using professional and ethical standards for school counselors. Students must meet specified criteria for the practicum. The seminar focuses on issues and strategies for implementing a comprehensive school counseling program incorporating technology for effective school counseling in grades PreK-8. Enrollment is limited to qualified matriculated graduate students.
Prerequisites: SCP 800, and a passing score on the Massachusetts Tests for Educational Licensure, Communications and Literacy Skills Test

SCP 865 Advanced Clinical Practicum and Seminar: School Counselor, Guidance 5-12
This advanced clinical practicum is conducted in accordance with Massachusetts school guidance counselor Initial licensure regulations and is designed to further enhance and refine school counseling skills. The student completes a second semester of practicum (three days a week) under the direction of a college supervisor and under the immediate supervision of a school counselor who is licensed in the field at the level of certification sought. Students are evaluated using professional and ethical standards for school counselors. Students must meet specified criteria for the practicum. The seminar focuses on issues and strategies for implementing a comprehensive school counseling program incorporating technology for effective school counseling in grades 5-12. Enrollment is limited to qualified matriculated graduate students.
Prerequisites: SCP 815, and a passing score on the Massachusetts Tests for Educational Licensure, Communications and Literacy Skills Test

SCP 875 Advanced Clinical Practicum and Seminar: School Social Worker/Adjustment Counselor
This advanced clinical counseling practicum and seminar is conducted in accordance with the Massachusetts School Social Worker/Adjustment Counselor (All Levels) Initial Licensure and is designed to enhance and further refine advanced counseling skills with children, adolescents and families in an educational setting. The student completes an additional semester of practicum 300 or 450 hours (MA/CAGS) under the direction of a college supervisor and under the immediate supervision of a school social worker/adjustment counselor who is licensed. Students are evaluated using professional and ethical standards for social worker/adjustment counselors. Students must meet specified criteria for the advanced clinical counseling practicum and seminar. The practicum and seminar focus is on student, family, and school issues and clinical strategies for implementing social worker/adjustment counselor services in the schools. Class enrollment is consistent with DESE standards for advanced clinical practicum and seminar.
Prerequisites: Enrollment is limited to qualified matriculated MA/CAGS students in School Counseling and students with Masters Degrees in Social Work or Counseling. Students must receive a passing score on the Massachusetts Tests for Education Licensure, Communication and Literacy Skills Test as a prerequisite for the practicum. SCP 815 Clinical Practicum and Seminar: School Counselor, Guidance 5-12 or SCP 800 Clinical Practicum and Seminar: School Counselor, Guidance PreK-8.

OPTIONAL ELECTIVES
SCP 730 Special Topics in School Counseling: PreK-8, 5-12
This course is designed to address contemporary topics and issues in school counseling. Topics are chosen based on interest and relevance to school counseling practice. This course allows students the opportunity to examine current issues in greater detail than would be possible in other course offerings.
Prerequisites: Permission of the Director of the School Counseling Program

SCP 750 Directed Study
The student, in conjunction with a faculty advisor designs and conducts a critical study of a topic of interest, a curriculum based project, a research study, a field experience, a practicum or an internship.
Prerequisites: Permission of the Director of the School Counseling Program