

# REHABILITATION COUNSELING

*A nationally ranked program renowned for graduating leaders  
in the rewarding field of Rehabilitation Counseling*



GRADUATE STUDIES  
ASSUMPTION COLLEGE

Light the way.



“I was employed by the organization where I interned as soon as I graduated.”

**JUSTIN MCCARTHY, M.A., CRC '09**  
VOCATIONAL REHABILITATION COUNSELOR  
MASSACHUSETTS REHABILITATION  
COMMISSION FOR THE BLIND,  
NEW BEDFORD, MA

“At Assumption, I felt like a person, not a number. Most impressive was the constant focus of the faculty on ensuring students’ professional success and growth. Even after finishing the program, I have been able to count on faculty for generous advice and counsel.

Like so many, I was employed by the organization where I interned, as soon as I graduated. The breadth of knowledge has made it possible to thrive as a substance abuse counselor, even though it wasn’t the primary thrust of my training. This says volumes about the program’s quality.”

## ASSUMPTION COLLEGE NATIONAL RECOGNITION

- Recognized as one of the best colleges in the U.S. according to *The Princeton Review* in its annual “Best 380 Colleges” listing.
- Ranked in the top tier of *U.S. News & World Report’s* “2017 Best Colleges” ratings of approximately 200 universities in the North that offer bachelor’s and master’s degrees.

# A Profession Offering Abundant Opportunities and Personal Fulfillment

## **MASTER OF ARTS (M.A.) IN REHABILITATION COUNSELING** *On-Campus or Online*

## **CERTIFICATE OF ADVANCED GRADUATE STUDY (C.A.G.S.) IN REHABILITATION COUNSELING** *On-Campus or Online*

Welcome to the graduate program in Rehabilitation Counseling at Assumption College. We offer a nationally recognized course of study that will lead to a rewarding career as a nationally Certified Rehabilitation Counselor (CRC) and a variety of other counseling career paths.



The 60-credit Master of Arts program in Rehabilitation Counseling is fully accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The M.A. program is offered on-campus and online. We also offer a Certificate of Advanced Graduate Study (C.A.G.S.) for those holding a master's degree in a human service-related field wishing to enhance their knowledge and skills in working with people with disabilities in rehabilitation fields.

We have been preparing rehabilitation professionals for more than 50 years. Founded by Dr. George Elias in 1968, the graduate program in rehabilitation counseling has a long and distinguished reputation for high quality instruction, experienced faculty and small class sizes. We place a major emphasis on the acquisition of strong counseling skills, effective case management, and a comprehensive knowledge of jobs and the world of work. Cultural competency, client empowerment, advocacy and ethical practice are themes that run throughout the program. We strive to develop a Community of Learning within the program where everyone shares the common goal of improving the quality of life of individuals with disabilities.

Our goal is to prepare outstanding rehabilitation professionals and leaders in the field using a multidisciplinary framework drawing from disciplines such as rehabilitation, counseling, psychology, sociology, biological sciences, economics, education, and the humanities.

Assumption College graduates are aggressively recruited by rehabilitation and human services agencies throughout New England and the United States. Many students are hired prior to graduation. A master's degree in Rehabilitation Counseling from Assumption College will give students the confidence and expertise to pursue a rewarding career with a wealth of opportunities. A career in rehabilitation counseling provides a high level of personal satisfaction. We welcome the opportunity to play an important role in your career and professional development.

A handwritten signature in black ink that reads "Nicholas J. Cioe". The signature is written in a cursive, flowing style.

**NICHOLAS J. CIOE, PH.D., CRC**

DIRECTOR, GRADUATE REHABILITATION COUNSELING PROGRAM

# The Field: You'll Empower Individuals with Disabilities to Achieve Their Goals in Life

## Mission of the Rehabilitation Counseling Graduate Program

The mission of the Rehabilitation Counseling graduate program is to provide the full array of a sequenced and integrated course of professional study that addresses current and emerging professional issues, community needs, and the needs of people with disabilities. Students will acquire the needed knowledge, competencies, values, and professional identity to provide individuals with significant disabilities the assistance and opportunities they need to achieve high quality employment, independent living, and active participation in their communities.

## Learning Objectives

1. To educate students in counseling and rehabilitation principles and practices so that they can assist persons with disabilities to maximize their employment and independent living potential.
2. To educate students in the following core rehabilitation counselor practice domains: affective counseling, case management, community resource utilization, job development and placement, assessment, rehabilitation planning, vocational counseling, rehabilitation technology, rehabilitation research utilization, and ethical rehabilitation counselor practice.
3. To provide students with a dynamic learning experience that promotes and reinforces personal and professional values that are reflected in the rehabilitation philosophy, including consumer-centered practice, informed choice, and empowerment.
4. To provide supervised clinical experiences that prepare students to engage in effective rehabilitation counseling practice consistent with the Code of Professional Ethics for Rehabilitation Counselors.
5. To provide a course of study that addresses current and emerging professional issues, community needs, and the needs of people with disabilities.
6. To prepare students to become nationally Certified Rehabilitation Counselors (CRC).

The field of rehabilitation has maintained a consistent pattern of growth over the last two decades and will continue to expand into increasingly important areas such as transition planning and services for youth with disabilities, veterans services, and services for injured workers. Entrepreneurial students can look forward to increasing opportunities in private sector rehabilitation.

Our students follow a sequenced and integrated course of professional study that prepares them with the expertise, competencies, values, and professional identity to help individuals with significant disabilities achieve employment and independence.

Students who successfully complete the program of study are qualified to work with individuals who have a wide range of disabilities and work in a variety of employment settings. They develop professional competencies in all domains that are essential for effective rehabilitation counselor practice as prescribed by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Graduates are employed in a number of public, private, nonprofit, and for-profit settings including public agencies such as the Massachusetts Rehabilitation Commission, Commission for the Blind and the Connecticut Bureau of Rehabilitation Services; non-profit agencies such as Seven Hills Foundation and Genesis Club; higher education such as Bentley College and Stonehill College; and for-profit entities such as Unum Insurance Company. They work as rehabilitation counselors, vocational evaluators, work adjustment specialists, substance abuse counselors, transition coordinators, disability services directors, vocational placement specialists, case managers, and mental health counselors, to name a few. Many have become managers and leading figures in rehabilitation and human services in New England.



# What is Rehabilitation Counseling?

The primary goals of the rehabilitation counselor are to empower individuals with disabilities to achieve their life goals by assisting them to identify their strengths, build on their assets, enhance their abilities, and effectively adapt to the environments in which they function. To effectively assist the rehabilitation client to accomplish these objectives, the rehabilitation professional develops competencies in the following areas:

- Individual and Group Counseling
- Medical and Psychiatric Rehabilitation
- Cultural Diversity
- Case and Caseload Management
- Disability Management and Rehabilitation Planning
- Vocational Assessment, Career Counseling and Job Placement
- Assistive Technology and Reasonable Accommodation
- Consumer Advocacy
- Ethics and Ethical Decision-Making



“I constantly call upon the knowledge and experience gained at Assumption.”

**REBECCA LAUZON, M.A., CRC '08**

VOCATIONAL REHABILITATION COUNSELOR  
ACCEPT EDUCATION COLLABORATIVE,  
NATICK, MA

“I’ve worked with both adults and children in my career thus far.

In both settings, I’ve constantly called upon the knowledge and experience gained at Assumption. The degree has been entirely relevant and applicable in my work.

When you talk to people in the field of Rehabilitation Counseling, they always acknowledge the quality of the Assumption program. The learning experience was first class. It’s an atmosphere in which amazing faculty and students function like a family that offers mutual support, collaboration, and career empowerment. That is a recipe for success!”





“The program is a dynamic first-class learning experience.”

**THOMAS MANNING, M.A.,  
C.A.G.S., '71**

DEPUTY CHANCELLOR EMERITUS  
COMMONWEALTH MEDICINE/UMASS  
MEDICAL SCHOOL

TRUSTEE  
ASSUMPTION COLLEGE BOARD  
OF TRUSTEES

“The program is founded on small classes, constant interaction with professors, and the application of theoretical learning through real-world practicums.

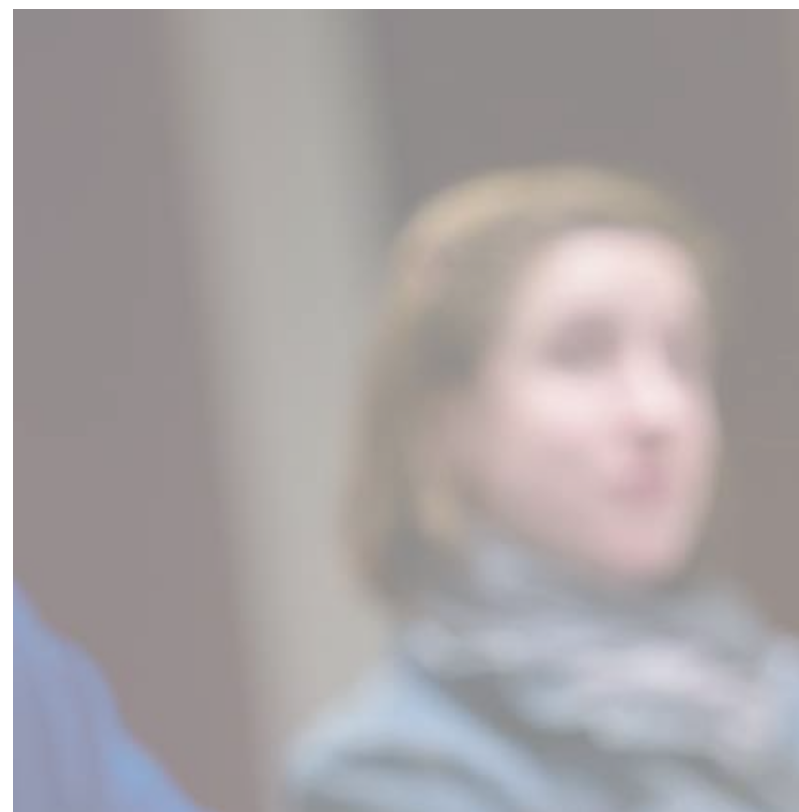
Assumption students are highly desired within the human services field, and specifically here at the University of Massachusetts Medical School. We employ a number of Rehabilitation program graduates in various disciplines. As a group, they are compassionate, caring, insightful, and intelligent professionals who view the person as a whole to determine the most effective course of treatment.”

## Applying to the Master of Arts Program

The admissions committee reviews each candidate's application in a holistic fashion that assesses potential to successfully complete the graduate rehabilitation counseling program. Factors considered include your undergraduate cumulative GPA and a strong interest and desire to work with people with disabilities in an empowering way. Your application file will consist of the following:

- **Graduate Application**
- **Application Fee** – waived for Assumption students and alumni
- **Official College Transcripts**, undergraduate and graduate
- **Three Letters of Recommendation** – academic and/or professional
- **Current Resume**
- **A Personal Essay**
- **An Interview is required for admission.**
- **International Students:** Official TOEFL Scores and Transcript Evaluations
- **NOTE:** The GRE is not required.

*For application deadlines and admissions information, please visit:  
<http://graduate.assumption.edu/rehabilitation-counseling/applying>*



# The Distinct Advantages of Studying Rehabilitation Counseling at Assumption

## Program Faculty Have Worked as Practicing Professionals in Rehabilitation and Related Fields

Our faculty is a premier group of educators, offering a rich blend of practical experience and professional accomplishments. Your education and training will integrate theory and practice through a comprehensive and challenging course of study. Practical experience is developed through practicum and internship in settings that afford you the opportunity, under the supervision of a professional rehabilitation counselor, to engage in the full range of duties and responsibilities of rehabilitation counseling practice.

## Study in Small Classes Focused on Career Training as a Rehabilitation Counselor

Our small classes allow you to get to know faculty and classmates thus fostering a positive learning community and providing an intimate forum for group interaction that significantly enhances learning.

## A Legacy of Success

Our students are heavily recruited by agencies within New England and across the nation. A large percentage of students receive job offers prior to graduation and virtually all of

our students find employment shortly after graduation. Many quickly move into administrative or management roles.

## Scholarships and Traineeships are Offered

Financial assistance in the form of scholarships and traineeships are offered to qualified students.

### Rehabilitation Services Administration Scholarship in Rehabilitation Counseling

The Rehabilitation Services Administration Graduate Scholarship is funded through a one million dollar, five-year grant by the United States Department of Education/ Rehabilitation Services Administration and administered by the Rehabilitation Counseling Program at Assumption College. These scholarships are available to qualified students after their first semester.

In year one and two of the grant, over \$320,000 was provided in tuition support for Rehabilitation Counseling students. The grant is also used to support students' attendance at the NCRE conference in Washington, D.C.

### Charles E. Soule Scholarship in Rehabilitation Counseling

The Soule Scholarship is funded by an endowment established by Unum Companies and administered by the Rehabilitation Counseling Graduate Program at Assumption College. The scholarship is awarded annually to qualified graduate students in Rehabilitation Counseling.

## The Option to Pursue a Specific Interest

Students can focus course assignments, projects, practicum, and internship on specific areas of interest. For example, students may focus on vocational rehabilitation, psychiatric rehabilitation, substance abuse, or working with veterans with disabilities.

Assumption is ranked by *U.S. News* in the top 50 best graduate schools in Rehabilitation Counseling



# Master of Arts in Rehabilitation Counseling

In the Master of Arts programs, a strong academic component is combined with equally strong experiential components, offering students a unique real-world training experience. Students master a comprehensive set of skills, knowledge and competencies and then have the opportunity through their practicum and internship experience, to put those skills into practice in actual rehabilitation settings.

## **The Key Knowledge Domain Areas Prescribed by the Council for Accreditation of Counseling and Related Educational Programs Include the Following:**

- Professional Identity
- Social and Cultural Diversity
- Human Growth and Development
- Employment and Career Development
- Counseling and Consultation
- Group Work
- Assessment and Appraisal
- Research and Program Evaluation
- Medical, Functional, and Environmental Aspects of Disability
- Rehabilitation Services and Resources

Each domain area is incorporated into a challenging and comprehensive course of study that identifies specific learning outcomes that must be achieved by each student.

## **Program Options**

### **On-Campus Full-Time or Part-Time Course of Study (60 Credits)**

This program is designed for students who wish to enroll in a traditional on-campus setting. Students attend small classes which meet on a weekly basis during the academic year. During the 12-week summer session, classes meet once a week. Full-time students can complete the on-campus program in two years. Part-time on-campus students have up to 7 years to complete the program. Upon successful completion of the academic and clinical requirements, students are eligible to sit for the Certified Rehabilitation Counselor (CRC) exam. They are encouraged to take the CRC exam during their final academic semester.

## **ONLINE Course of Study (60 Credits)**

The online program is a Council for Accreditation of Counseling and Related Educational Programs (CACREP) accredited, 20-course, 60-credit program that can be completed over 8 semesters, in less than 3 years. Upon completion, students will be awarded a Master of Arts in Rehabilitation Counseling, and will be eligible to sit for the CRC exam. More information about our Online program is found on page 11.

## **The Clinical Component**

The clinical component of the program is comprised of a 100 hour practicum experience over 1 semester, and a 600 hour internship experience over 2 semesters. These experiences provide an opportunity for the student to integrate theory and practice in a “hands on” environment. Our graduates consistently rate their combined practicum and internship experience as one of the most rewarding and beneficial parts of the program, which often leads to jobs upon graduation.

## **Practicum – First Phase of Supervised Clinical Practice**

The 100 hour practicum experience places emphasis on the counseling relationship and the development of fundamental counseling and interviewing skills. Students are required to complete audio or videotaped counseling sessions during their practicum experience. Students receive weekly individual and group supervision during the practicum session, and have opportunities to get feedback regarding the development of their counseling skills. There is also an emphasis on identifying and addressing ethical issues that may arise in the counseling relationship. Formal supervisor and student self-evaluations are required upon completing the practicum experience.

## **Internship I and II – Second Phase of Supervised Clinical Practice**

The second component of supervised practical experience is the 600 hour internship. The Internship in Rehabilitation Counseling usually requires 21 hours, or 3 full days per week over the final 2 semesters of the program. The internship provides students with the opportunity to experience the wide range of duties and responsibilities of a rehabilitation counselor, and to participate in all aspects of the delivery of rehabilitation counseling services. Students receive regular supervision from an on-site supervisor, and individual and





group supervision by the faculty supervisor and seminar leader. The student's professional development and growth are closely monitored and evaluated to ensure that the student is acquiring the skills required of a professional rehabilitation counselor position.

### **Sampling of Practicum and Internship Placement Options in Central Massachusetts**

- **AdCare Hospital of Worcester**
- **AIDS Project Worcester**
- **Alternatives Unlimited, Inc.**
- **Center for Living and Working, Inc.**
- **Community Healthlink**
- **Department of Mental Health**
- **Department of Children and Families**
- **Fairlawn Rehabilitation Hospital**
- **Faith House**
- **Genesis Club, Inc.**
- **Hubbard Regional Hospital - EAP**
- **Massachusetts Rehabilitation Commission**
- **Massachusetts Commission for the Blind**

- **Northborough Family and Youth Services, Inc.**
- **Seven Hills Foundation**
- **Spaulding Rehabilitation Hospital**
- **Unum Insurance Company**
- **Veterans Inc.**
- **Worcester Public Schools**
- **Worcester Recovery Center and Hospital**
- **Y.O.U., Inc.**

**Online Students** – Practicum and internship placements are developed in the student's local geographical area.

### **Rehabilitation Program Portfolio Review and Evaluation**

The Portfolio Evaluation component of the program is a comprehensive, thoughtful presentation of the student's learning over the course of the graduate program. Students maintain a compilation of all course materials in anticipation of developing a thorough presentation of their learning and a demonstration of how course learning has been integrated into their experience. Students will present their completed portfolio to faculty during their final semester in the program. The portfolio is a capstone requirement of the Rehabilitation Counseling graduate program.

**ON CAMPUS 60-CREDIT COURSE OF STUDY  
OFFERED FULL-TIME AND PART-TIME**

**TYPICAL SCHEDULE OF COURSES BY SEMESTER**

**FALL (YEAR 1)**

<b>RCP 502</b>	Rehabilitation Research and Program Evaluation .....	<b>3</b>
<b>RCP 503</b>	Foundations of the Rehabilitation Counseling Profession .....	<b>3</b>
<b>RCP 505</b>	Introduction to Assessment and Appraisal of Individuals with Disabilities .....	<b>3</b>
<b>RCP 530</b>	Introduction to Counseling Theory and Practice.....	<b>3</b>

**SPRING (YEAR 1)**

<b>RCP 512</b>	Occupational Analysis, Career Development and Job Placement.....	<b>3</b>
<b>RCP 520</b>	Principles of Psychiatric Rehabilitation.....	<b>3</b>
<b>RCP 510</b>	Introduction to Medical Rehabilitation.....	<b>3</b>
<b>RCP 599</b>	Rehabilitation Counseling Practicum.....	<b>3</b>

**SUMMER**

<b>RCP 525</b>	Human Growth, Development, and Disability across the Lifespan .....	<b>3</b>
<b>RCP 631</b>	Cultural Competencies in Rehabilitation Counseling .....	<b>3</b>
<b>RCP 501</b>	Substance Abuse and Addictive Disorders in Rehabilitation .....	<b>3</b>

**FALL (YEAR 2)**

<b>RCP 514</b>	Private Sector and Forensic Rehabilitation ...	<b>3</b>
<b>RCP 513</b>	Vocational Evaluation and Career Planning...	<b>3</b>
<b>RCP 619</b>	The Effective Use of Technology in Rehabilitation Counseling Practice .....	<b>3</b>
<b>RCP 698</b>	Internship and Internship Seminar I.....	<b>4</b>

**SPRING (YEAR 2)**

<b>RCP 550</b>	Principles of Family and Group Process .....	<b>3</b>
<b>RCP 540</b>	Case Management and Rehabilitation Plan Development .....	<b>3</b>
<b>RCP 630</b>	Advanced Counseling Practice.....	<b>3</b>
<b>RCP 699</b>	Internship and Internship Seminar II.....	<b>4</b>
<b>RCP 555</b>	Rehabilitation Program Portfolio Review and Evaluation.....	<b>1</b>

**Total Graduate Course Credits 60**





## COLLEGE ACCREDITATION

*Accredited by:*

**New England Association of Schools and Colleges, Inc.**

**Commonwealth of Massachusetts  
Department of Elementary  
& Secondary Education**

**Council for Accreditation of  
Counseling and Related Educational  
Programs (CACREP)**

## COLLEGE'S MISSION

Assumption College, rooted in the Catholic intellectual tradition, strives to form graduates known for critical intelligence, thoughtful citizenship and compassionate service. We pursue these ambitious goals through a curriculum grounded in the liberal arts and extending to the domain of professional studies. Enlivened by the Catholic affirmation of the harmony of faith and reason, we aim, by the pursuit of the truth, to transform the minds and hearts of students. Assumption favors diversity and ecumenically welcomes all who share its goals.

## ASSUMPTIONIST SPONSORSHIP

The order of the Augustinians of the Assumption, founders of Assumption College, was begun by an educator whose most cherished project was the establishment of a Catholic university. Fr. Emmanuel d'Alzon envisioned an institution committed to academic excellence. Father d'Alzon was also devoted to helping people learn, adapt, grow and change in various ways.

The guidance that's provided throughout the program is not solely academic, but professional as well, which gives each student the potential necessary to grow as a rehabilitation counselor in the field. I entered the program unsure about my ability to lead others and share the knowledge I would gain, but I finished the program knowing that these abilities were present all along, I simply needed the right people to bring them to the surface.

**CHRISTIAN RIDEOUT, '18**  
GRADUATE STUDENT INTERN  
COUNSELOR  
MASSACHUSETTS REHABILITATION  
COMMISSION

At Assumption, the academic structure is very unique. I enjoyed every bit of my studies. The faculty are highly knowledgeable about the subject area and relate very well with students. The knowledge I've acquired has been used in my ministry and I see myself now at the level where I can truly have a meaningful impact on my clients.

**REV. ENOCH KUSI  
KYEREMATENG, MA, CRC, '17**  
DIRECTOR OF THE AFRICAN MINISTRY  
CATHOLIC DIOCESE OF  
WORCESTER, MA



# Master of Arts in Rehabilitation Counseling *Online*

The Master of Arts in Rehabilitation Counseling Online Program at Assumption College uses a student-centered approach that emphasizes communication, convenience, academic excellence, and interactions with professors, administrators, and professionals. With dedicated information technology (IT) specialists, support for online students is available, accessible, and responsive to student needs. The Rehabilitation Counseling Online Program offers highly regarded faculty members who are experienced online educators invested and committed to the student learning outcomes of the program.

The online program is primarily asynchronous, which allows students to learn at their own convenience each week. The program utilizes the Brightspace learning management system and instructional software in the online delivery of the program. In addition to the fully online course of study, students are required to fulfill the online program's residency requirement. The residency requirement requires all online students come to campus for one week each June to satisfy program requirements in a conference environment. One 5-day on-campus session will take place during each of the two summer sessions. Students stay on campus in fully-furnished, 2 bedroom apartments at the Living and Learning Center. The residency requirement provides an enriching experience for students and faculty in the online program to meet and build relationships during the on-campus course sessions and schedule of events. The residency week also provides wonderful networking and mentoring opportunities for students with faculty and peers.

## WATCH VIDEO:

*Online Rehabilitation Counseling Program—  
visit [assumption.edu/reponline](http://assumption.edu/reponline)*



The Master of Arts in Rehabilitation Counseling Online Program at Assumption College meets the academic requirements for national certification as a certified rehabilitation counselor (CRC). The program is nationally accredited through the Council for Accreditation of Counseling & Related Educational Programs (CACREP). Enrolling in our fully accredited online program means students receive the educational credentials that meet national standards while preparing them for professional work.

In addition to both full-time and part-time courses of study, the Rehabilitation Counseling Online Program also offers a Certificate of Advanced Graduate Study (C.A.G.S.) for those holding a master's in a human-service related field and non-matriculated student options for those wishing to enhance their knowledge and skills for working with people with disabilities in rehabilitation fields.



**PAUL J. BOURGEOIS, PH.D., CRC**

COORDINATOR OF THE REHABILITATION COUNSELING  
ONLINE PROGRAM

**ONLINE 60-CREDIT COURSE OF STUDY  
THREE START TERM OPTIONS (FALL, SPRING AND SUMMER)**

**TYPICAL SCHEDULE OF COURSES BY SEMESTER**

**FALL (YEAR 1)**

- RCPL 503** Foundations of the Rehabilitation Counseling Profession ..... **3**
- RCPL 510** Introduction to Medical Rehabilitation..... **3**

**SPRING (YEAR 1)**

- RCPL 505** Introduction to Assessment and Appraisal of Individuals with Disabilities ..... **3**
- RCPL 512** Occupational Analysis, Career Development and Job Placement ..... **3**

**SUMMER (YEAR 1)**

First 5-Day On-campus Session  
Begins the third Monday in June

- RCPL 530** Introduction to Counseling Theory and Practice ..... **3**
- RCPL 502** Rehabilitation Research and Program Evaluation..... **3**

**FALL (YEAR 2)**

- RCPL 501** Substance Abuse and Addictive Disorders in Rehabilitation..... **3**
- RCPL 520** Principles of Psychiatric Rehabilitation..... **3**

**SPRING (YEAR 2)**

- RCPL 525** Human Growth, Development, and Disability across the Lifespan..... **3**
- RCPL 514** Private Sector and Forensic Rehabilitation..... **3**

**SUMMER (YEAR 2)**

Second 5-Day On-campus Session  
Begins the third Monday in June

- RCPL 599** Rehabilitation Counseling Practicum ..... **3**
- RCPL 550** Principles of Family and Group Process..... **3**
- RCPL 630** Advanced Counseling Practice ..... **3**

**FALL (YEAR 3)**

- RCPL 513** Vocational Evaluation and Career Planning.... **3**
- RCPL 631** Cultural Responsiveness in Counseling ..... **3**
- RCPL 698** Internship and Internship Seminar I..... **4**

**SPRING (YEAR 3)**

- RCPL 540** Case Management and Rehabilitation Plan Development ..... **3**
- RCPL 619** The Effective Use of Technology in Rehabilitation Counseling Practice..... **3**
- RCPL 555** Rehabilitation Program Portfolio Review and Evaluation..... **1**
- RCPL 699** Internship and Internship Seminar II ..... **4**

**Total Graduate Course Credits 60**

# Certificate of Advanced Graduate Study (C.A.G.S.) in Rehabilitation Counseling

An individualized Certificate of Advanced Graduate Study in Rehabilitation Counseling is offered to students who have completed a master's degree in another discipline. Students who have completed a related master's degree either at Assumption College or another college may apply to the Rehabilitation Counseling C.A.G.S. program. The C.A.G.S. in Rehabilitation Counseling is a course of study that is developed in consultation with the graduate program director and based on students' specific interest areas. Students pursuing the C.A.G.S. in Rehabilitation Counseling typically take courses on a part-time basis and have up to 7 years to complete their course of study.

The Rehabilitation Counseling C.A.G.S. program is recommended for students with a Master's Degree in Human Services, Counseling, Education, Social Work, and related fields who wish to obtain further knowledge and skills in working with people with disabilities.

The C.A.G.S. in Rehabilitation Counseling will allow students to focus graduate coursework on areas such as vocational rehabilitation, career counseling, psycho-social aspects of disability, and case management as it relates to individuals with a variety of disabilities.

## Applying to the C.A.G.S. Program

The admissions committee considers a holistic approach of each candidate's application in assessing their potential to successfully complete the Certificate of Advanced Graduate Study program. Factors considered include successful completion of a master's degree in rehabilitation counseling or another counseling field. Your application file will consist of the following

- **Graduate Application**
- **Application Fee** – waived for Assumption students and alumni
- **Official College Transcripts**



- **Three Current Letters of Recommendation** – academic and/or professional
- **Current Resume**
- **A Personal Essay**
- **An Interview is required for admission.**
- **International Students:** Official TOEFL Scores and Transcript Evaluations
- **NOTE:** The GRE is not required.
- The admission requirements and process is **simplified for alumni of Assumption College's Master of Arts in Rehabilitation Counseling program.**

*For application deadlines and admissions information, including the essay questions, please visit: <http://graduate.assumption.edu/rehabilitation-counseling/applying>*

# Course Descriptions / 2017-18

## **RCP 501 Substance Abuse and Addictive Disorders in Rehabilitation**

The purpose of this course is to familiarize students with the history, types, and problems associated with drug and alcohol abuse and various forms of addiction. Specific topics will include alcohol abuse and addiction, prescription and illegal drug use, and other forms of addictive behavior including compulsive gambling and eating disorders. Programs such as AA, NA, Al-Anon, Over Eaters Anonymous will be explored, along with other treatment and rehabilitation approaches. Special Emphasis will be on the impact of these disorders on the individual, family, community and society at large. Effective counseling strategies and evidence-based practices will also be covered in this course. **3 credits**

## **RCP 502 Rehabilitation Research and Program Evaluation**

The course provides an introduction to the scientific method with an emphasis on understanding empirical research in Human Services, Rehabilitation and Disability Studies. Students will examine the importance of research activities on improvement of rehabilitation services, and learn how to develop and implement meaningful program evaluation. Students will become familiar with many peer-reviewed journals and literature search strategies and many of the most commonly used research test designs and statistical analyses. **3 credits**

## **RCP 503 Foundations of the Rehabilitation Counseling Profession**

This course is an introduction to the field of rehabilitation, independent living and the role of the rehabilitation counselor. It provides an overview of the historical, legislative and philosophical forces that shaped the field of rehabilitation. Special emphasis will be on the civil rights movement for individuals with disabilities, the ADA, the Rehabilitation Act, and evolving disability policy in the U.S. Historical and present day societal attitudes and values toward individuals with disabilities will also be examined. **3 credits**

## **RCP 505 Introduction to Assessment and Appraisal of Individuals with Disabilities**

This course provides an introduction to a wide range of assessment instruments and tools used by rehabilitation counselors, psychologists, vocational evaluators and others in the assessment and evaluation in individuals, including those with disabilities. Students will gain an understanding of the purpose and administration of various types of tests and other instruments and how results can be used to facilitate the rehabilitation process. Concerns about cultural bias and reasonable accommodation in testing will be addressed, along with strategies for interpreting and reviewing testing results with clients. Students will have an opportunity to experience several assessment instruments commonly used in rehabilitation counseling. Prerequisite: a course in Test and Measurements, or its equivalent, and/or consent of instructor. **3 credits**

## **RCP 510 Introduction to Medical Rehabilitation**

This course includes a brief review of the human anatomy and physiology, and a review of the major medical/physical disabilities and chronic illnesses that result in significant disabling conditions and impairments. It provides students with an understanding of the various medical specialties, medical terminology and skills in effectively utilizing medical consultation in the rehabilitation workplace. Students will have an opportunity to learn about the social, educational and vocational implications of chronic illness and physical disability. The health care system, disability benefits and resources will also be addressed in this course. Prerequisite: *Anatomy and Physiology is recommended but not required for undergraduate students.* **3 credits**

## **RCP 512 Occupational Analysis, Career Development Theory and Job Placement Strategies**

This course provides a comprehensive overview of the world of work for rehabilitation counselors. Students become familiar

with various forms of occupational data, information, and resources and their utilization in rehabilitation. Topics covered will include job classification systems, such as O\*NET and the DOT, job analysis, and labor market surveys. Students will also become familiar with the major career development theories and their relevance to the vocational rehabilitation process. A variety of job placement support services and strategies will also be addressed, along with major federal and state legislation related to the employment of individuals with disabilities. **3 credits**

## **RCP 513 Vocational Evaluation and Career Planning**

This course focuses on the vocational evaluation of individuals with disabilities, and the development of counselor skills to assist clients to develop a realistic and attainable vocational goal. Students become knowledgeable about a variety of vocational evaluation and assessment tools, and the essential elements of a vocational evaluation report.

Special topics include job analysis, transferable skills analysis, reasonable accommodation and assistive technology. Prerequisite: RCP 505. **3 credits**

## **RCP 514 Private Sector and Forensic Rehabilitation**

This course provides students with a basic knowledge and understanding of rehabilitation, and the role of the rehabilitation specialist in the private-for-profit sector. The focus is on injured-worker rehabilitation, and the vocational rehabilitation and case management services provided under worker's compensation, and long-term disability insurance coverage. The course covers disability management systems, including risk management strategies, forensic rehabilitation, and the relevant federal and state laws. Additional topics will include issues related to Managed Care and Life Care Planning. Prerequisite: RCP 512. **3 credits**

# Course Descriptions / 2017-18

## **RCP 520 Principles of Psychiatric Rehabilitation**

The course introduces students to the major categories of Psychiatric Disability, including their etiology, symptoms, prognosis, treatment and recovery. A major focus of the course is on the core principles and evidence-based practices of Psychiatric Rehabilitation. Content areas covered include implications of psychiatric disability throughout the life span, psychiatric disability within the family, and the rehabilitation counselor's role as facilitators in the recovery process. **3 credits**

## **RCP 525 Human Growth, Development, and Disability across the Lifespan**

This course utilizes a life span framework to describe and explain the physical, social, emotional and cognitive changes that occur across the life span. The course focuses on the major determinants associated with adjustment to disability during different developmental stages. The impact of disability on personality development, sexual functioning, families, social functioning and active participation in the community will be explored. The course will also provide an historical and cultural perspective of how disability has been perceived through the ages, by the media and society, in general. Students will have an opportunity to examine their own experiences, attitudes, values, and beliefs toward disability as they relate to disability in their lives. **3 credits**

## **RCP 530 Introduction to Counseling Theory and Practice**

This course examines the fundamental principles and techniques of the major counseling theories, including Person-centered, Cognitive-Behavioral, Gestalt, Reality, Psychoanalytic, and Behavior and their applicability to the role of the rehabilitation counselor. Students will have an opportunity to develop and practice fundamental counseling skills. Students will also examine common ethical issues that arise in the counseling relationship and the nature and importance of supervision in counseling. **3 credits**

## **RCP 540 Case Management and Rehabilitation Plan Development**

This course will examine the concept of case management as a critical component of the role of the rehabilitation counselor. There will also be an emphasis on the importance of community outreach and the rehabilitation counselor's role in developing and maintaining effective working relationships with community agencies. This course will review the major stages of the rehabilitation process, and examine the case and caseload management issues and challenges associated with each stage. Topic areas will include: Referral and Intake; Client Evaluation and Assessment; Rehabilitation Plan Development, Job Placement Planning; and Termination/Case Closure and Follow-up Issues. Other topics covered will include scheduling and time management, caseload analysis and goal setting, case recording and documentation, and ethical case management decision-making. **3 credits**

## **RCP 550 Principles of Family and Group Process**

This course focuses on the nature of groups in human services and rehabilitation and provides students with an understanding of group process and group dynamics, and the fundamental skills in group facilitation and group leadership. Family systems and family processes will also be examined. The course includes an experiential component in which students experience what it is like to be a member of a group. *Prerequisite: Permission of instructor.* **3 credits**

## **RCP 555 Rehabilitation Program Portfolio Review and Evaluation**

The Rehabilitation Portfolio is a comprehensive written documentation of the student's work over the course of the graduate program. It will include all course syllabi, other course materials, written assignments, projects and papers. It will also include practicum and internship information and documentation including progress notes and performance evaluations. Student journals regarding each course and other notewor-

thy experiences will also be required. Students will present their completed portfolio to faculty during their final semester in the program. **1 credit**

## **RCP 599 Practicum in Rehabilitation Counseling**

The purpose of the clinical practicum is to provide a supervised practical experience in rehabilitation counseling in which students develop and practice counseling skills with actual consumers in an approved agency setting. The practicum requires a total of 100 hours over the course of one semester, 40 hours of which is in direct contact with individuals with disabilities. Students receive ongoing supervision by an approved on-site supervisor, and a faculty supervisor who conducts a weekly supervision seminar. Students will also examine common ethical and legal issues that present significant challenges in the field of rehabilitation counseling. *Prerequisite: Permission of Clinical Coordinator.* **3 credits**

## **RCP 619 The Effective Use of Technology in Rehabilitation Counseling Practice**

This course promotes awareness and understanding of the numerous forms of technology that impact the provision of services to a range of individuals with disabilities. The course also addresses the efficient and effective incorporation of these technologies into the rehabilitation process. Special emphasis is placed on various forms of assistive technologies that enable individuals with disabilities to achieve independent living goals and successful employment outcomes. **3 credits**

## **RCP 630 Advanced Counseling Practice**

This course provides a deeper understanding of the counseling theories and evidence-based practices that have particular relevance in rehabilitation counseling and serving individuals with disabilities. Special emphasis will be on developing knowledge and skills in the areas of positive psychology and motivational interviewing. *Prerequisites: RCP 530, RCP 550.* **3 credits**



# Meet the Rehabilitation Counseling Faculty

## RCP 631 Cultural Responsiveness in Counseling

This course promotes knowledge and understanding of the role of culture in counseling. Cultural influences will be considered as representing a wide range of diversity issues including ethnicity, race, religion, age, gender, geography and sexuality. Students will examine their personal experiences, biases, attitudes, values and beliefs about groups representing diversity. Focus is placed on the development of cultural competencies to ensure effective counseling services to all clients with compassion and sensitivity while valuing cultural backgrounds. **3 credits**

## RCP 640 Directed Study

Individually supervised study and projects with advisor when appropriate. *Prerequisite: Permission of instructor.* **3 credits**

## RCP 698/699 Internship and Internship Seminar I & II

The purpose of this course is to provide supervised practical experience in rehabilitation counseling and related rehabilitation services. The internship in Rehabilitation Counseling will require 600 clock hours over the course of two academic semesters. This course involves two types of clinical supervision: 1) supervised experience in an approved setting that provides services to individuals with disabilities; and 2) faculty supervision via individual and group consultation. The internship requires students to observe and participate in all aspects of the delivery of rehabilitation counseling services. The internship is an opportunity to further develop and refine skills required for effective practice in rehabilitation counseling. *Prerequisite: Permission of the Clinical Coordinator.* **8 credits total /4 credits per course**



## Nicholas J. Cioe, Ph.D., CRC

Director, Graduate Rehabilitation Counseling Program

Dr. Nicholas J. Cioe is Director of the Rehabilitation Counseling program at Assumption College. Prior to joining Assumption, Dr. Cioe served as adjunct faculty at Salve Regina University and worked as a clinician and administrator in various brain injury rehabilitation settings throughout the country. He graduated from the College of the Holy Cross as a Psychology major/Philosophy minor, and Southern Illinois University – Carbondale with a Masters in Rehabilitation Counseling and Ph.D. in Rehabilitation Counselor Education. He has presented at local, regional, and national conferences and has published several book chapters and in peer-reviewed journals. His research interests include outcome measurement, counselor education, brain injury, and issues related to veterans with disability. He is a Certified Rehabilitation Counselor (CRC) and Certified Brain Injury Specialist Trainer (CBIST).

## Paul J. Bourgeois, Ph.D., CRC

Coordinator of the Rehabilitation Counseling Online Program

Dr. Paul J. Bourgeois is the Coordinator of the Online Rehabilitation Counseling program at Assumption College. Prior to joining Assumption, Dr. Bourgeois served as an Assistant Professor and Director of the Rehabilitation Counseling and Services program at Springfield College. Dr. Bourgeois has published and presented on issues related to ethical counseling behavior and professional issues in rehabilitation counseling. Currently, his research interests are focused on the infusion of distance technology in the training and supervision of graduate rehabilitation counseling students. He is a Certified Rehabilitation Counselor (CRC).

## Marta Carlson, Ph.D.

Marta Carlson is the Associate Director of the Student Development and Counseling Center at Assumption College and has been an adjunct faculty member in the Graduate Program in Human Services since 2009. She has a doctoral degree in Counseling and Human Services with a concentration in Counselor Education and Supervision from Syracuse University, is a licensed mental health counselor in Massachusetts, and a licensed psychologist in Rhode Island. Her areas of interest in both teaching and practice include group psychotherapy, eating disorders and other process addictions, and training and supervision.

## Laura Castello, MA, CRC

Laura is a Certified Rehabilitation Counselor working as a Transition Specialist at McLean Hospital. She earned her MA in Rehabilitation Counseling at Assumption College and joined Assumption as an Adjunct Faculty member in 2016 after putting her Rehabilitation Counseling knowledge to work during a 3 year Peace Corps tour. Laura specializes in mental health rehabilitation utilizing a Dialectical Behavior Therapy framework in her work. Laura also uses the rehabilitation philosophy as an executive function coach for students transitioning to college.

## Patti Clay, MS, NCC, LPC

Patti Clay has a B.A. from Purdue University, an MS from Western Connecticut State University and is a licensed professional counselor. She has worked in the field of Rehabilitation for the last 18 years. Ms. Clay has been involved in Rehabilitation grants including SSI and SSDI counseling to special education students and their parents for the state of Connecticut. She has been a vocational rehabilitation counselor for the Bureau of Rehabilitation Services, a Senior Benefit Consultant for the Connect to Work Center at the Department of Rehabilitation Services/Bureau of Rehabilitation Services and

an Education Consultant for BRS with primary responsibilities in the areas of school to work transition and personal assistance. Ms. Clay is currently, Bureau Chief of the Department of Rehabilitation Services, Bureau of Rehabilitation Services/Community Living Division.

#### **Andrea L. Coraccio, M.Ed., CRC**

Andrea earned a Bachelor of Science in Psychology from Roger Williams University and a Master of Education in Rehabilitation Counseling from Springfield College. She has worked as a Vocational Consultant for Unum, a disability insurance company, since 2002. Prior to working at Unum she worked for MRC as a job placement specialist. In her spare time she loves to cook, run, read and spend time with her two children and husband.

#### **Jessica Corneau, MA, CRC**

Jessica, a 1999 graduate of the Rehabilitation Counseling program at Assumption, has been teaching two of the vocationally focused courses in the program since 2001 and, more recently, in the online program since 2012. Her background in the field includes VR counseling work in the private and public sector, although her heart lies in the public VR system and the diversity that counselors are exposed to in that environment. She currently works full time for the State of CT, Bureau of Rehabilitation Services, as a VR Supervisor.

#### **Calvin Hill, Ph.D.**

Dr. Hill currently serves as Vice President of Inclusion and Community Engagement at Springfield College, in Springfield, Massachusetts. In this role, among other responsibilities, he is responsible for creating an inclusive and diverse campus community. In addition to his administrative appointments, he also has numerous years of teaching experience. Dr. Hill began his teaching career at Anna Maria College in Paxton, Massachusetts, where he served as assistant professor in the Division of Business, Law and Public Policy. Dr. Hill has been a faculty member in the Rehabilitation Counseling Graduate Program at Assumption College for over 12 years. Dr. Hill received his bachelor of arts degree in history-political science from Bethany College – Lindsborg, Kansas, masters of science degree in student personnel administration from Emporia State University – Emporia, Kansas, and a doctorate of philosophy degree in political science from Howard University – Washington, DC.

#### **Stefanie Howe, Ph.D., CRC**

Stefanie Howe graduated from the Rehabilitation Counseling program at Assumption College in 2007. She has been teaching in the field of rehabilitation counseling since 2011 and has a background in disability law, research, and disability insurance. She currently works in the federal government disability programs.

#### **Kirby Matthes, CRC, LRC, CCM**

Kirby is a certified and licensed rehabilitation counselor who has been an adjunct faculty member since fall 2016. Kirby is a Case Manager for the spinal cord injury program at Spaulding Rehabilitation Hospital in Charlestown, MA. Her passion is working

with individuals and their families at the time of traumatic injury and new onset of disability to be a support, resource and advocate. She received her B.S. in Exercise Science at Boston University and her M.A. in Rehabilitation Counseling from Assumption College.

#### **Andrea Randall, MA, CAGS, CRC**

Andrea is a Certified Rehabilitation Counselor who joined Assumption College Rehabilitation Counseling program as an adjunct professor in 2016. She received a BA in Psychology from Clark University, an MA and CAGS in Rehabilitation Counseling from Assumption College and an MA in Clinical Mental Health Counseling from William James College. Andrea has experience working in diverse environments including community mental health, public schools and college counseling centers and has provided mental health counseling to a wide range of populations.

She is currently focused on working with college and university students. Areas of clinical interest include mindfulness, depression, anxiety and addiction.

#### **Nicole S. Robert, MA, CRC**

Nicole Robert has been an adjunct faculty member in the Rehabilitation Counseling graduate studies program since 2017, teaching Case Management and Internship Studies. In addition, she serves as a member of the department advisory board. Nicole is a Certified Rehabilitation Counselor who currently oversees Vocational Rehabilitation services to Veterans in a management capacity. She also has a background working within the State VR and non-profit rehabilitation systems. Nicole is a proud Assumption Alumni for both her B.A. and M.A.

#### **Susan R. Sabelli, MA, CAGS, CRC, LRC**

Susan Sabelli serves as clinical coordinator for the Institute for Social and Rehabilitation Services for both undergraduate and graduate students. She is a certified Rehabilitation Counselor and the holder of the first license for Rehabilitation Counselors offered by the Commonwealth of Massachusetts. Susan received an A.B. from Merrimack College and an M.A. and C.A.G.S. from Assumption College.

#### **Timothy Schmutte, Ph.D.**

Timothy Schmutte is a clinical psychologist who has devoted 20 years to helping people across the lifespan recover in medical and psychiatric rehabilitation settings. He has enjoyed teaching as an adjunct professor for over 15 years. Currently, he works as a researcher in psychiatric rehabilitation at the Program for Recovery and Community Health in the Department of Psychiatry at Yale University. Timothy received a Ph.D. in Clinical Psychology from Ferkauf Graduate School of Psychology, Albert Einstein College of Medicine, Yeshiva University.

#### **Susan Scully-Hill, Ph.D., CRC**

Susan Scully-Hill is Director of the Department of Human Services and Rehabilitation Studies and Assistant Professor of Human Services and Rehabilitation Studies. She has been a faculty member

since 1998. Previous to her faculty appointment at Assumption College, she was an assistant professor at Emporia State University, teaching both undergraduate and graduate classes in Counselor Education and Rehabilitation Programs. She has numerous publication credits in many areas related to the human services, education and rehabilitation counseling professions. Susan received her B.A., M.A., and Ph.D. from Michigan State University.

#### **Gary Senecal, Ph.D.**

Gary Senecal received his Ph.D. in psychology from the University of West Georgia. He has been teaching at The College of the Holy Cross and Assumption College for that last 3 years. His research focuses on the social psychology of violence, the theoretical psychology of violence, masculine identity, and the career transitions of individuals who have retired from or been deselected from careers that exposed them to regular violent endeavors (in particular, contact sport athletes and military veterans). He is a current member of the Army Reserves, former collegiate football player, and former college football coach. He currently resides in Worcester, MA, with his wife and children.

#### **Justin S. Somers MA, CAGS, CRC**

Justin Somers is a certified rehabilitation counselor with a focus on rehabilitation of veterans. He employs an eclectic and person centered approach to rehabilitation counseling and has been an adjunct faculty since fall 2015. Justin received a BS in Psychology from Plymouth State University and an MA and CAGS in Rehabilitation Counseling from Assumption College.

#### **Traci-Marie Sweet, Psy.D., MBA, MA/CAGS**

Dr. Sweet is a graduate of Assumption College's Rehabilitation Counseling Program where she received her Master of Arts and Certificate of Advanced Graduate Studies in 1996. She went on to pursue her doctoral degree in Clinical Psychology at Cal Southern University and an MBA in Organizational Behavior at Wilmington University. In the Behavioral Health field for 26 years, Dr. Sweet has long had a passion for understanding the mind-body-spirituality connection; and, as such she has returned to school to pursue her MD in Alternative Medicine. She is dually Board Certified by the American Alternative Medicine Association and the American Association of Drugless Practitioners, a Certified Clinical Hypnotherapist, and Reiki III provider. From Central Massachusetts, Dr. Sweet also makes her home on the Gulf Coast of Florida.

#### **Heather Ward Harris, MRC, CRC**

Heather Harris came to Assumption College as an online adjunct faculty in 2010. She has taught for the University of Kentucky's online Master's program in Rehabilitation Counseling since 2004. She is a Certification Rehabilitation Counselor and has owned her own vocational consulting business since 2007. Heather received a B.S. from Eastern Kentucky University and an MRC from University of Kentucky.

“When I discovered that the 6 in 5 Rehabilitation Counseling Master’s Program allowed me to start taking graduate classes during my senior year, I knew Assumption College was giving me an opportunity I had to take advantage of. The program’s flexibility and broad approach allows each student to discover the specific profession or population that they are most passionate in working with. My current internship placement at the Massachusetts Rehabilitation Commission gives me exposure to diverse individuals with disabilities, which has been invaluable to my learning experience.”

**JENNIFER O’NEILL**

6 IN 5 GRADUATE STUDENT



## Beyond the Classroom

### City Living in the Heart of New England

Assumption College is located in Worcester Massachusetts, New England's second-largest city, and home to 12 colleges and more than 30,000 students. The campus is nestled on 185 park-like acres in a safe and serene section of the city, with easy access to internships and entertainment.

The college offers graduate students the opportunity to attend numerous free lectures and events, and you have complete access to the Plourde Recreation Center, a state-of-the-art facility with a beautiful pool, cardio and weight machines, and racquetball and squash courts.

Listed on Forbes.com as one of the top-10 most livable cities in the country, metro-Worcester has a population of almost 800,000. Fine dining to exotic foods, an eclectic music scene and a vibrant art community are part of the diverse culture of the city. Whether it's sports teams, concerts by highly acclaimed artists, or national theatrical touring companies, there are numerous entertainment options in Worcester.

Travel to nearby Boston on one of the numerous daily trains from Worcester. The diverse beauties of New England are just an hour's drive away, with mountains to the north and the Atlantic Ocean to the east. Boston, Providence and Hartford are about 45 miles away and New York City is a three-hour drive.



## GRADUATE STUDIES ASSUMPTION COLLEGE

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Graduate Studies Office  
Assumption College

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[www.assumption.edu/graduate](http://www.assumption.edu/graduate)

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“This is one  
of the finest  
programs  
in the country”

**RONALD P. CODERRE, M.A.,  
C.A.G.S., '72**

FORMER VICE PRESIDENT  
FOR PHILANTHROPY

DAY KIMBALL HOSPITAL

“This is one of the finest programs in the country, exemplified by the fact that other colleges have used it as a model. Its graduates are intelligent, dedicated counselors with a proven record of success. I've drawn upon my experience in the program throughout every phase of my career in the human services field—as a counselor, an employer, a manager, a professional fundraiser, and executive. Assumption College is a first class community of learning.”