

# Resiliency in the Helping Professions Graduate Courses

Summer 2018

Classes run May 21, 2018 – August 23, 2018

| Course # | Course Title  | Credits | Instructor    | Prerequisites/<br>Notes | Day                               | Time   |
|----------|---|---------|---------------|-------------------------|-----------------------------------|--------|
| RES 830  | Positive Psychology: A<br>Strengths Based Approach to<br>Resiliency | 3       | K. Lahikainen |                         | Summer 1<br>May 21-<br>June 29    | Online |
| RES 840  | Building Resiliency After<br>Traumatic Experiences                  | 3       | L. Christo    |                         | Summer II<br>July 2-<br>August 10 | Online |
|          |   |         |               |                         |                                   |        |