

Resiliency in the Helping Professions Graduate Courses

Spring 2018

Classes run January 17, 2018 – May 3, 2018

Course #	Course Title	Credits	Instructor	Prerequisites/ Notes	Day	Time
RES 810	Mindfulness Based Interventions / Hybrid	3	M. Mariani		Saturday	9:00am-2:00pm 1/27, 2/10, 3/3, 4/7
RES 850	Resonant Leadership & Supervision	3	K. Lahikainen			Online
RES 820	The Practice of Self Compassion in Resiliency / Hybrid	3	L. Christo & M. Mariani		Sunday	9:00am-4:00pm 1/28, 2/11, 3/4, 4/8