A nationally ranked program renowned for graduating leaders in the rewarding field of Rehabilitation Counseling

Rehabilitation Counseling
“I was employed by the organization where I interned as soon as I graduated.”

– Justin McCarthy, M.A., CRC ‘09
  Vocational Rehabilitation Counselor
  Massachusetts Rehabilitation Commission for the Blind,
  New Bedford, MA

“At Assumption, I felt like a person, not a number. Most impressive was the constant focus of the faculty on ensuring students’ professional success and growth. Even after finishing the program, I have been able to count on faculty for generous advice and counsel.

Like so many, I was employed by the organization where I interned, as soon as I graduated. The breadth of knowledge has made it possible to thrive as a substance abuse counselor, even though it wasn’t the primary thrust of my training. This says volumes about the program’s quality.”

Assumption College National Recognition

• Recognized as one of the best colleges in the U.S. according to The Princeton Review in its annual “Best 380 Colleges” listing.

• Ranked in the top tier of U.S. News & World Report’s “2016 Best Colleges” ratings of approximately 200 universities in the North that offer bachelor’s and master’s degrees.
Welcome to the graduate program in Rehabilitation Counseling at Assumption College. We offer a nationally-recognized course of study that will lead to a rewarding career as a nationally Certified Rehabilitation Counselor (CRC) and a variety of other counseling career paths.

We offer a 60-credit Master of Arts program in Rehabilitation Counseling, fully accredited by the Council on Rehabilitation Education (CORE). The M.A. program is offered on-campus and online. We also offer a Certificate of Advanced Graduate Study (C.A.G.S.) for those holding a master’s degree in human service related fields wishing to enhance their knowledge and skills in working with people with disabilities in rehabilitation fields.

We have been preparing rehabilitation professionals for more than 50 years. Founded by Dr. George Elias in 1968, the graduate program in rehabilitation counseling has a long and distinguished reputation for high quality instruction, experienced faculty and small class sizes. We place a major emphasis on the acquisition of strong counseling skills, effective case management, and a comprehensive knowledge of jobs and the world of work. Cultural competency, client empowerment, advocacy and ethical practice are themes that run throughout the program. We strive to develop a Community of Learning within the program where everyone shares the common goal of improving the quality of life of individuals with disabilities.

Our Graduates are Leaders in the Field.
Our goal is to prepare outstanding rehabilitation professionals and leaders in the field using a multidisciplinary framework drawing from disciplines such as rehabilitation, counseling, psychology, sociology, biological sciences, economics, education, and the humanities.

Assumption College graduates are aggressively recruited by rehabilitation and human services agencies throughout New England and the United States. Many students are hired prior to graduation.

A master’s degree in Rehabilitation Counseling from Assumption College will give students the confidence and expertise to pursue a rewarding career with a wealth of opportunities. A career in rehabilitation counseling provides a high level of personal satisfaction. We welcome the opportunity to play an important role in your career and professional development.

Nicholas J. Cioe, Ph.D., CRC
Director, Graduate Rehabilitation Counseling Program
The Field: You’ll Empower Individuals with Disabilities to Achieve Their Goals in Life

Mission of the Rehabilitation Counseling Graduate Program

The mission of the Rehabilitation Counseling graduate program is to provide the full array of a sequenced and integrated course of professional study that addresses current and emerging professional issues, community needs and the needs of people with disabilities. Students will acquire the needed knowledge, competencies, values, and professional identity to provide individuals with significant disabilities the assistance and opportunities they need to achieve high quality employment, independent living, and active participation in their communities.

Learning Objectives

1. To educate students in counseling and rehabilitation principles and practices so that they can assist persons with disabilities to maximize their employment and independent living potential.
2. To educate students in the following core rehabilitation counselor practice domains: affective counseling, case management, community resource utilization, job development and placement, assessment, rehabilitation planning, vocational counseling, rehabilitation technology, rehabilitation research utilization, and ethical rehabilitation counselor practice.
3. To provide students with a dynamic learning experience that promotes and reinforces personal and professional values that are reflected in the rehabilitation philosophy, including consumer-centered practice, informed choice, and empowerment.
4. To provide supervised clinical experiences that prepare students to engage in effective rehabilitation counseling practice consistent with the Code of Professional Ethics for Rehabilitation Counselors.
5. To prepare students to become nationally Certified Rehabilitation Counselors (CRC).

The field of rehabilitation has maintained a consistent pattern of growth over the last two decades and will continue to expand into increasingly important areas such as transition planning and services for youth with disabilities, veterans services, and services for injured workers. Entrepreneurial students can look forward to increasing opportunities in private sector rehabilitation.

Our students follow a sequenced and integrated course of professional study that prepares them with the expertise, competencies, values and professional identity to help individuals with significant disabilities achieve employment and independence.

Students who successfully complete the program of study are qualified to work with individuals who have a wide range of disabilities and work in a variety of employment settings. They develop professional competencies in all domains that are essential for effective rehabilitation counselor practice as prescribed by the Council on Rehabilitation Education (CORE). Graduates are employed in a number of public, private, nonprofit, and for-profit settings including public agencies such as the Massachusetts Rehabilitation Commission, Commission for the Blind and the Connecticut Bureau of Rehabilitation Services; non-profit agencies such as Seven Hills Foundation and Genesis Club; higher education such as Bentley College and Stonehill College; and for-profit entities such as Unum Insurance Company. They work as rehabilitation counselors, vocational evaluators, work adjustment specialists, substance abuse counselors, transition coordinators, disability services directors, vocational placement specialists, case managers, and mental health counselors, to name a few. Many have become managers and leading figures in rehabilitation and human services in New England.
“I constantly call upon the knowledge and experience gained at Assumption.”

– Rebecca Lauzon, M.A., CRC ’08
Vocational Rehabilitation Counselor
ACCEPT Education Collaborative, Natick, MA

“I’ve worked with both adults and children in my career thus far. In both settings, I’ve constantly called upon the knowledge and experience gained at Assumption. The degree has been entirely relevant and applicable in my work.

When you talk to people in the field of Rehabilitation Counseling, they always acknowledge the quality of the Assumption program. The learning experience was first class. It’s an atmosphere in which amazing faculty and students function like a family that offers mutual support, collaboration, and career empowerment. That is a recipe for success!”

What is Rehabilitation Counseling?
The primary goals of the rehabilitation counselor are to empower individuals with disabilities to achieve their life goals by assisting them to identify their strengths, build on their assets, enhance their abilities, and effectively adapt to the environments in which they function. To effectively assist the rehabilitation client to accomplish these objectives, the rehabilitation professional develops competencies in the following areas:

- Individual and Group Counseling
- Medical and Psychiatric Rehabilitation
- Cultural Diversity
- Case and Caseload Management
- Disability Management and Rehabilitation Planning
- Vocational Assessment, Career Counseling and Job Placement
- Assistive Technology and Reasonable Accommodation
- Consumer Advocacy
- Ethics and Ethical Decision-Making
“The program is a dynamic first-class learning experience.”

– Thomas Manning, M.A., C.A.G.S., ’71
  Deputy Chancellor Emeritus
  Commonwealth Medicine/UMass Medical School
  Trustee,
  Assumption College Board of Trustees

“The program is founded on small classes, constant interaction with professors, and the application of theoretical learning through real-world practicums.

Assumption students are highly desired within the human services field, and specifically here at the University of Massachusetts Medical School. We employ a number of Rehabilitation program graduates in various disciplines. As a group, they are compassionate, caring, insightful, and intelligent professionals who view the person as a whole to determine the most effective course of treatment.”

Applying to the Master of Arts Program
The admissions committee reviews each candidate’s application in a holistic fashion that assesses potential to successfully complete the graduate rehabilitation counseling program. Factors considered include a minimum undergraduate cumulative GPA of 2.75 or better and a strong interest and desire to work with people with disabilities in an empowering way. Your application file will consist of the following:

• Graduate Application
• Application Fee – waived for Assumption students and alumni
• Official College Transcripts
• Three Current Letters of Recommendation – academic and/or professional
• Current Resume
• A Personal Essay

• An Interview is required for admission.
• International Students: Official TOEFL Scores and Transcript Evaluations
• NOTE: The GRE is not required.

For application deadlines and admissions information, please visit:
http://graduate.assumption.edu/rehabilitation-counseling/applying
Program Faculty Have Worked as Practicing Professionals in Rehabilitation and Related Fields

Our faculty is a premier group of educators, offering a rich blend of practical experience and professional accomplishments. Your education and training will integrate theory and practice through a comprehensive and challenging course of study. Practical experience is developed through Practicum and internship in settings that afford you the opportunity, under the supervision of a professional rehabilitation counselor, to engage in the full range of duties and responsibilities of rehabilitation counseling practice.

Study in Small Classes Focused on Career Training as a Rehabilitation Counselor

Our small classes allow you to get to know faculty and classmates thus fostering a positive learning community and providing an intimate forum for group interaction that significantly enhances learning.

A Legacy of Success

Our students are heavily recruited by agencies within New England and across the U.S. A large percentage of students receive job offers prior to graduation and virtually all of our students find employment shortly after graduation. Many quickly move into administrative or management roles.

Scholarships and Traineeships are Offered

When available, financial assistance in the form of scholarships and traineeships are offered to qualified students. All students are notified regarding the availability of these financial awards and the application procedures.

The Option to Pursue a Specific Interest

Students can focus course assignments, projects, practicum and internship on specific areas of interest. For example, students may focus on vocational rehabilitation, psychiatric rehabilitation, substance abuse, or working with veterans with disabilities.

Assumption is ranked by U.S. News in the top 50 best graduate schools in Rehabilitation Counseling
In the Master of Arts programs, a strong academic component is combined with equally strong experiential components, offering students a unique real-world training experience. Students master a comprehensive set of skills, knowledge and competencies and then have the opportunity through their practicum and internship experience, to put those skills into practice in actual rehabilitation settings.

The Key Knowledge Domain Areas Prescribed by the Council on Rehabilitation Education Include the Following:
- Professional Identity
- Social and Cultural Diversity
- Human Growth and Development
- Employment and Career Development
- Counseling and Consultation
- Group Work
- Assessment and Appraisal
- Research and Program Evaluation
- Medical, Functional, and Environmental Aspects of Disability
- Rehabilitation Services and Resources

Each domain area is incorporated into a challenging and comprehensive course of study that identifies specific learning outcomes that must be achieved by each student.

Program options
On-Campus Full-Time or Part-Time Course of Study (60 Credits)
This program is designed for students who wish to enroll in a traditional on-campus setting. Students attend small classes that meet on a weekly basis during the academic year. During two 6-week summer sessions, classes meet two times per week. Full-time on-campus students can complete the on-campus program in two years. Part-time on-campus students have up to 7 years to complete the program. Upon successful completion of the academic and clinical requirements, students are eligible to sit for the Certified Rehabilitation Counselor (CRC) exam. They are encouraged to take the CRC exam during their final academic semester.

ONLINE Course of Study (60 Credits)
The online program is a Council on Rehabilitation Education (CORE) accredited, 20-course, 60-credit program that can be completed over 8 semesters, in less than 3 years. Upon completion, students will be awarded a Master of Arts in Rehabilitation Counseling, and will be eligible to sit for the CRC exam. More information about our Online program is found on Page 8.

The Clinical Component
The clinical component of the program is comprised of a 100 hour Practicum experience over 1 semester, and a 600 hour Internship experience over 2 semesters. These experiences provide an opportunity for the student to integrate theory and practice in a “hands on” environment. Our graduates consistently rate their combined practicum and internship experience as one of the most rewarding and beneficial parts of the program, which often leads to jobs upon graduation.

Practicum – First Period of Supervised Clinical Practice
The 100 hour Practicum experience places emphasis on the counseling relationship and the development of fundamental counseling and interviewing skills. Students are required to complete audio or videotaped counseling sessions during their Practicum experience. Students receive weekly individual and group supervision during the Practicum session, and have opportunities to get feedback regarding the development of their counseling skills. There is also an emphasis on identifying and addressing ethical issues that may arise in the counseling relationship. Formal supervisor and student self-evaluations are required upon completing the practicum experience.

Internship I and II – Second Period of Supervised Clinical Practice
The second component of supervised practical experience is the 600 hour Internship. The Internship in Rehabilitation Counseling usually requires 21 hours, or 3 full days per week over the final 2 semesters of the program. The internship provides students with the opportunity to experience the wide range of duties and responsibilities of a rehabilitation counselor, and to participate in all aspects of the delivery of rehabilitation counseling services. Students receive regular supervision from an on-site supervisor, and individual and group supervision from the faculty supervisor and seminar leader. The student’s professional development and growth are closely monitored and evaluated to ensure that the student is acquiring the skills required of a professional rehabilitation counselor position.

Sampling of Practicum and Internship Placement Options in Central Massachusetts
- AdCare Hospital of Worcester
- AIDS Project Worcester
- Alternatives Unlimited, Inc.
- Center for Living and Working, Inc.
- Community Healthlink
- Department of Mental Health
- Department of Children and Families
- Fairlawn Rehabilitation Hospital
- Faith House
- Genesis Club, Inc.
- Hubbard Regional Hospital - EAP
- Massachusetts Rehabilitation Commission
- Massachusetts Commission for the Blind
- Northborough Family and Youth Services, Inc.
- Seven Hills Foundation
- Spaulding Rehabilitation Hospital
- Unum Insurance Company
- Veterans Inc.
- Worcester Public Schools
- Worcester Recovery Center and Hospital
- Y.O.U., Inc.

Online Students – Practicum and Internship placements are developed in the student’s local geographical area.
### Rehabilitation Program Portfolio Review and Evaluation

The Portfolio Evaluation component of the program is a comprehensive, thoughtful presentation of the student's learning over the course of the graduate program. Students maintain a compilation of all course materials in anticipation of developing a thorough presentation of their learning and a demonstration of how course learning has been integrated into their experience. Students will present their completed portfolio to faculty during their final semester in the program. The Portfolio is a capstone requirement of the Rehabilitation Counseling graduate program.

### ON CAMPUS 60-CREDIT COURSE OF STUDY OFFERED FULL-TIME AND PART-TIME (FULL-TIME FALL START EXAMPLE SHOWN BELOW)

#### YEAR 1

<table>
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<tr>
<th>FALL</th>
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<tr>
<td><strong>Course #</strong></td>
<td><strong>Course Title</strong></td>
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<tr>
<td>RCP 502</td>
<td>Rehabilitation Research and Program Evaluation</td>
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<td>RCP 503</td>
<td>Foundations of the Rehabilitation Counseling Profession</td>
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<tr>
<td>RCP 505</td>
<td>Introduction to Assessment and Appraisal of Individuals with Disabilities</td>
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<td>Introduction to Counseling Theory and Practice</td>
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| SUMMER I                  |
|----------------------------|-----------------------------|
| **Course #** | **Course Title** | **Credits** |
| RCP 525    | The Psychology of Disability Across the Lifespan | 3 |
| RCP 631    | Cultural Competencies in Rehabilitation Counseling | 3 |
| **Subtotal** | **6**                  |          |

| SUMMER II                  |
|----------------------------|-----------------------------|
| **Course #** | **Course Title** | **Credits** |
| RCP 501    | Substance Abuse and Addictive Disorders in Rehabilitation | 3 |
| RCP 631    | Cultural Competencies in Rehabilitation Counseling (cont.) | 3 |
| **Subtotal** | **3**                  |          |

#### YEAR 2

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<tr>
<td>RCP 514</td>
<td>Private Sector and Forensic Rehabilitation</td>
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<td>RCP 513</td>
<td>Vocational Evaluation and Career Planning</td>
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<td>The Effective Use of Technology in Rehabilitation Counseling Practice</td>
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<td>RCP 698</td>
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<td><strong>Subtotal</strong></td>
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**TOTAL GRADUATE COURSE CREDITS - 60**

*Course schedule is subject to change*
Master of Arts in Rehabilitation Counseling Online

Online Program Important Facts:
- Student-centered approach emphasizes ongoing communication, convenience, academic excellence, and interaction with professors, administrators, and professionals.
- IT dedicated support is available and responsive to student needs.
- Faculty have interest, investment, and experience in teaching online courses.
- Program is primarily asynchronous, which allows students to learn at their own convenience each week.
- Residency Requirement: Students are required to fulfill the Online program’s Residency Requirement where all Online students come to campus for one week each June to satisfy program requirements in a conference environment. One 5-day on-campus session will take place during each of two summer semesters. Students stay on campus in fully-furnished, 2 bedroom apartments at the Living and Learning Center.
- The Blackboard instructional software program is the online program delivery platform. Students must have ready access to a personal computer, Internet access and basic computer literacy skills in order to enroll in the online program. Students must also feel comfortable with the unique features and methodologies associated with distance learning.

Three start term options are available for the Online program (Fall, Spring and Summer). Below is a Fall start term example.

### ONLINE 60-CREDIT COURSE OF STUDY

#### YEAR 1

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<td>RCPL 510</td>
<td>Introduction to Medical Rehabilitation</td>
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<th>SUMMER</th>
<th>First 5-Day On-Campus Session, Monday, June 19 to Friday, June 23, 2017</th>
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<tbody>
<tr>
<td>RCPL 530</td>
<td>Introduction to Counseling Theory and Practice</td>
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<td>RCPL 502</td>
<td>Rehabilitation Research and Program Evaluation</td>
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#### YEAR 2

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<td><strong>Course Title</strong></td>
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<td>RCPL 501</td>
<td>Substance Abuse and Addictive Disorders in Rehabilitation</td>
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<tr>
<td>RCPL 520</td>
<td>Principles of Psychiatric Rehabilitation</td>
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<th>SUMMER</th>
<th>Second 5-Day On-Campus Session, Monday, June 18 to Friday, June 22, 2018</th>
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<tr>
<td>RCPL 599</td>
<td>Practicum &amp; Seminar in Legal and Ethical Issues</td>
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<td>RCPL 550</td>
<td>Principles of Family and Group Process</td>
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<td>RCPL 630</td>
<td>Advanced Counseling Practice</td>
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#### YEAR 3

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<td>RCPL 513</td>
<td>Vocational Evaluation and Career Planning</td>
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<tr>
<td>RCPL 631</td>
<td>Cultural Competencies in Rehabilitation Counseling</td>
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<tr>
<td>RCPL 698</td>
<td>Internship and Internship Seminar I</td>
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### TOTAL GRADUATE COURSE CREDITS – 60

Course schedule and dates are subject to change
“The online program offers a remarkable community of people who share goals and high standards.”

– Tiffany Daugherty, (online) M.A. ’14
  Warriors to Work Manager, Southeast
  (Wounded Warrior Project)
  Tennessee, USA

“You have professors who know their craft and administrators who care deeply about your success. If you want to succeed, you will be supported every step of the way.

I’ve developed a comprehensive scope of knowledge that applies so often in my work. There wasn’t a single course that didn’t relate directly to the population that I work with.

It’s a rewarding field. I love what I do. My heart is my work, and I get to see the progress in my clients constantly.”

WATCH VIDEO:
Online Rehabilitation Counseling Program—visit assumption.edu/rcponline
Applying to the C.A.G.S. Program

The admissions committee considers a holistic approach of each candidate’s application in assessing their potential to successfully complete the Certificate of Advanced Graduate Study program. Factors considered include successful completion of a master’s degree in rehabilitation counseling or another counseling field. Your application file will consist of the following:

- Graduate Application
- Application Fee – waived for Assumption students and alumni
- Official College Transcripts
- Three Current Letters of Recommendation – academic and/or professional
- Current Resume
- A Personal Essay
- An Interview is required for admission.
- International Students: Official TOEFL Scores and Transcript Evaluations

- NOTE: The GRE is not required.
- The admission requirements and process is simplified for alumni of Assumption College’s Master of Arts in Rehabilitation Counseling program.

For application deadlines and admissions information, including the essay questions, please visit: http://graduate.assumption.edu/rehabilitation-counseling/applying
**RCP 501 Substance Abuse and Addictive Disorders in Rehabilitation**

The purpose of this course is to familiarize students with the history, types, and problems associated with drug and alcohol abuse and various forms of addiction. Specific topics will include alcohol abuse and addiction, prescription and illegal drug use, and other forms of addictive behavior including compulsive gambling and eating disorders. Programs such as AA, NA, Al-Anon, Over Eaters Anonymous will be explored, along with other treatment and rehabilitation approaches. Special Emphasis will be on the impact of these disorders on the individual, family, community and society at large. Effective counseling strategies and evidence-based practices will also be covered in this course. **3 credits**

**RCP 502 Rehabilitation Research and Program Evaluation**

The course provides an introduction to the scientific method with an emphasis on understanding empirical research in Human Services, Rehabilitation and Disability Studies. Students will examine the importance of research activities on improvement of rehabilitation services, and learn how to develop and implement meaningful program evaluation. Students will become familiar with many peer-reviewed journals and literature search strategies and many of the most commonly used research test designs and statistical analyses. **3 credits**

**RCP 503 Foundations of the Rehabilitation Counseling Profession**

This course is an introduction to the field of rehabilitation, independent living and the role of the rehabilitation counselor. It provides an overview of the historical, legislative and philosophical forces that shaped the field of rehabilitation. Special emphasis will be on the civil rights movement for individuals with disabilities, the ADA, the Rehabilitation Act, and evolving disability policy in the U.S. Historical and present day societal attitudes and values toward individuals with disabilities will also be examined. **3 credits**

**RCP 505 Introduction to Assessment and Appraisal of Individuals with Disabilities**

This course provides an introduction to a wide range of assessment instruments and tools used by rehabilitation counselors, psychologists, vocational evaluators and others in the assessment and evaluation in individuals, including those with disabilities. Students will gain an understanding of the purpose and administration of various types of tests and other instruments and how results can be used to facilitate the rehabilitation process. Concerns about cultural bias and reasonable accommodation in testing will be addressed, along with strategies for interpreting and reviewing testing results with clients. Students will have an opportunity to experience several assessment instruments commonly used in rehabilitation counseling. **Prerequisite: a course in Test and Measurements, or its equivalent, and/or consent of instructor. 3 credits**

**RCP 510 Introduction to Medical Rehabilitation**

This course includes a brief review of the human anatomy and physiology, and a review of the major medical/physical disabilities and chronic illnesses that result in significant disabling conditions and impairments. It provides students with an understanding of the various medical specialties, medical terminology and skills in effectively utilizing medical consultation in the rehabilitation workplace. Students will have an opportunity to learn about the social, educational and vocational implications of chronic illness and physical disability. The health care system, disability benefits and resources will also be addressed in this course. **Prerequisite: Anatomy and Physiology is recommended but not required. 3 credits**

**RCP 512 Occupational Analysis, Career Development Theory and Job Placement Strategies**

This course provides a comprehensive overview of the world of work for rehabilitation counselors. Students become familiar with various forms of occupational data, information, and resources and their
Course Descriptions (continued)

utilization in rehabilitation. Topics covered will include job classification systems, such as O’NET and the DOT, job analysis, and labor market surveys. Students will also become familiar with the major career development theories and their relevance to the vocational rehabilitation process. A variety of job placement support services and strategies will also be addressed, along with major federal and state legislation related to the employment of individuals with disabilities. 3 credits

RCP 513 Vocational Evaluation and Career Planning
This course focuses on the vocational evaluation of individuals with disabilities, and the development of counselor skills to assist clients to develop a realistic and attainable vocational goal. Students become knowledgeable about a variety of vocational evaluation and assessment tools, and the essential elements of a vocational evaluation report. Special topics include job analysis, transferrable skills analysis, reasonable accommodation and assistive technology. 3 credits
Prerequisite: RCP 505.

RCP 514 Private Sector and Forensic Rehabilitation
This course provides students with a basic knowledge and understanding of rehabilitation, and the role of the rehabilitation specialist in the private—for-profit sector. The focus is on injured—worker rehabilitation, and the vocational rehabilitation and case management services provided under worker’s compensation, and long-term disability insurance coverage. The course covers disability management systems, including risk management strategies, forensic rehabilitation, and the relevant federal and state laws. Additional topics will include issues related to Managed Care and Life Care Planning. 3 credits
Prerequisite: RCP 512

RCP 520 Principles of Psychiatric Rehabilitation
The course introduces students to the major categories of Psychiatric Disability, including their etiology, symptoms, prognosis, treatment and recovery. A major focus of the course is on the core principles and evidence-based practices of Psychiatric Rehabilitation. Content areas covered include implications of psychiatric disability throughout the life span, psychiatric disability within the family, and the rehabilitation counselor’s role as facilitators in the recovery process. 3 credits

RCP 525 The Psychology of Disability Across the Life Span
This course utilizes a life span framework to describe and explain the physical, social, emotional and cognitive changes that occur across the life span. The course focuses on the major determinants associated with adjustment to disability during different developmental stages. The impact of disability on personality development, sexual functioning, families, social functioning and active participation in the community will be explored. The course will also provide an historical and cultural perspective of how disability has been perceived through the ages, by the media and society, in general. Students will have an opportunity to examine their own experiences, attitudes, values, and beliefs toward disability as they relate to disability in their lives. 3 credits

RCP 530 Introduction to Counseling Theory and Practice
This course examines the fundamental principles and techniques of the major counseling theories, including Person-centered, Cognitive—Behavioral, Gestalt, Reality, Psychoanalytic, and Behavior and their applicability to the role of the rehabilitation counselor. Students will have an opportunity to develop and practice fundamental counseling skills. Students will also examine common ethical issues that arise in the counseling relationship and the nature and importance of supervision in counseling. 3 credits

RCP 540 Case Management and Rehabilitation Plan Development
This course will examine the concept of case management as a critical component of the role of the rehabilitation counselor. There will also be an emphasis on the importance of community outreach and the rehabilitation counselor’s role in developing and maintaining effective working relationships with community agencies. This course will review the major stages of the rehabilitation process, and examine the case and caseload management issues and challenges associated with each stage. Topic areas will include: Referral and Intake; Client Evaluation and Assessment; Rehabilitation Plan Development, Job Placement Planning; and Termination/Case Closure and Follow-up Issues. Other topics covered will include scheduling and time management, caseload analysis and goal setting, case recording and documentation, and ethical case management decision-making. 3 credits

RCP 550 Principles of Family and Group Process
This course focuses on the nature of groups in human services and rehabilitation and provides students with an understanding of group process and group dynamics, and the fundamental skills in group facilitation and group leadership. Family systems and family processes will also be examined. The course includes an experiential component in which students experience what it is like to be a member of a group. 3 credits
Prerequisite: Permission of instructor
RCP 555 Rehabilitation Program Portfolio Review and Evaluation

The Rehabilitation Portfolio is a comprehensive written documentation of the student’s work over the course of the graduate program. It will include all course syllabi, other course materials, written assignments, projects and papers. It will also include practicum and internship information and documentation including progress notes and performance evaluations. Student journals regarding each course and other noteworthy experiences will also be required. Students will present their completed portfolio to faculty during their final semester in the program. 1 credit

RCP 599 Practicum in Rehabilitation Counseling

The purpose of the clinical practicum is to provide a supervised practical experience in rehabilitation counseling in which students develop and practice counseling skills with actual consumers in an approved agency setting. The practicum requires a total of 100 hours over the course of one semester, 40 hours of which is in direct contact with individuals with disabilities. Students receive ongoing supervision by an approved on-site supervisor, and a faculty supervisor who conducts a weekly supervision seminar. Students will also examine common ethical and legal issues that present significant challenges in the field of rehabilitation counseling. 3 credits

Prerequisite: Permission of Clinical Coordinator

RCP 619 The Effective Use of Technology in Rehabilitation Counseling Practice

This course promotes awareness and understanding of the numerous forms of technology that impact the provision of services to a range of individuals with disabilities. The course also addresses the efficient and effective incorporation of these technologies into the rehabilitation process. Special emphasis is placed on various forms of assistive technologies that enable individuals with disabilities to achieve independent living goals and successful employment outcomes. 3 credits

RCP 630 Advanced Counseling Practice

This course provides a deeper understanding of the counseling theories and evidence-based practices that have particular relevance in rehabilitation counseling and serving individuals with disabilities. Special emphasis will be on developing knowledge and skills in the areas of positive psychology and motivational interviewing. 3 credits

Prerequisites: RCP 530, RCP 550

RCP 631 Cultural Competencies in Rehabilitation Counseling

This course promotes knowledge and understanding of the role of culture in counseling. Cultural influences will be considered as representing a wide range of diversity issues including ethnicity, race, religion, age, gender, geography and sexuality. Students will examine their personal experiences, biases, attitudes, values and beliefs about groups representing diversity. Focus is placed on the development of cultural competencies to ensure effective counseling services to all clients with compassion and sensitivity while valuing cultural backgrounds. 3 credits

RCP 640 Directed Study

Individually supervised study and projects with advisor when appropriate. 3 credits

Prerequisite: Permission of instructor

RCP 698/699 Internship and Internship Seminar I & II

The purpose of this course is to provide supervised practical experience in rehabilitation counseling and related rehabilitation services. The internship in Rehabilitation Counseling will require 600 clock hours over the course of two academic semesters. This course involves two types of clinical supervision: 1) supervised experience in an approved setting that provides services to individuals with disabilities; and 2) faculty supervision via individual and group consultation. The internship requires students to observe and participate in all aspects of the delivery of rehabilitation counseling services. The internship is an opportunity to further develop and refine skills required for effective practice in rehabilitation counseling. 8 credits total /4 credits per course

Prerequisite: Permission of the Clinical Coordinator
Meet the Rehabilitation Counseling Faculty

Nicholas J. Cioe, Ph.D., CRC
Director, Graduate Rehabilitation Counseling Program
Dr. Nicholas J. Cioe is Director of the Rehabilitation Counseling program at Assumption College. Prior to assuming this position, Dr. Cioe served as adjunct faculty at Salve Regina University and worked as a clinician and administrator in various brain injury rehabilitation settings throughout the country. He graduated from the College of the Holy Cross as a Psychology major/Philosophy minor, and Southern Illinois University – Carbondale with a Masters in Rehabilitation Counseling and Ph.D. in Rehabilitation Counselor Education. He has presented at local, regional, and national conferences and has published several book chapters and in peer-reviewed journals. His research interests include outcome measurement, counselor education, brain injury, and issues related to veterans with disability. He is a Certified Rehabilitation Counselor (CRC) and Certified Brain Injury Specialist Trainer (CBIST).

Robert C. Bureau, M.Ed., CAGS, CCFE
Director of Distance Learning for Graduate Studies Faculty, Rehabilitation Counseling Graduate Program
Robert C. Bureau, M.Ed., CAGS, CCFE, is Director of Distance Learning for Graduate Studies at Assumption College, and teaches in the Rehabilitation Counseling Program. He earned his Bachelor’s Degree from the University of Massachusetts at Amherst, and continued for his Masters in Counseling and CAGS in Diversity Education. He has taught and delivered presentations across the country in undergraduate, graduate, and professional settings of 10 to 2000 people. He is Vice-President of the Board of Directors of Genesis Club, a psychosocial clubhouse and international training center in Worcester, MA. He is certified as a Compassion Fatigue Educator by the Green Cross Academy of Traumatology. His research and teaching interests include distance learning, resiliency, compassion fatigue, assistive technology, psychiatric rehabilitation, and the effective use of technology by rehabilitation counselors.

Edward C. Alvino, M.D.
Dr. Alvino is Board Certified in Internal Medicine and is the Chief Medical Officer and Lead Medical Director for Unum, one of the largest disability insurance companies in the United States. Dr. Alvino was engaged in the private practice of Internal Medicine and Geriatrics in Connecticut for over 13 years prior to coming to Unum in 1996. During this period, Dr. Alvino was an Assistant Professor of Medicine at the University of Connecticut School of Medicine. Since 2010, Dr. Alvino has conducted a number of Grand Round presentations at major teaching hospitals across the country and has addressed residents in medical and surgical training programs on the topic of The Medical Aspects of Disability: A Missed Opportunity in Our Medical Training Programs.

Marta Carlson, Ph.D.
Marta Carlson is the Associate Director of the Student Development and Counseling Center at Assumption College and has been an adjunct faculty member in the Graduate Program in Human Services since 2009. She has a doctoral degree in Counseling and Human Services with a concentration in Counselor Education and Supervision from Syracuse University, is a licensed mental health counselor in Massachusetts, and a licensed psychologist in Rhode Island. Her areas of interest in both teaching and practice include group psychotherapy, eating disorders and other process addictions, and training and supervision.

Laura Castello, MA, CRC
Laura is a Certified Rehabilitation Counselor working as a Transition Specialist at McLean Hospital. She earned her MA in Rehabilitation Counseling at Assumption College and joined Assumption as an Adjunct Faculty member in 2016 after putting her Rehabilitation Counseling knowledge to work during a 3 year Peace Corps tour. Laura specializes in mental health rehabilitation utilizing a Dialectical Behavior Therapy framework in her work. Laura also uses the rehabilitation philosophy as an executive function coach for students transitioning to college.

Patti Clay
Patti Clay has a B.A. from Purdue University, an MS from Western Connecticut State University and is a licensed professional counselor. She has worked in the field of Rehabilitation for the last 18 years. Ms. Clay has been involved in Rehabilitation grants including SSI and SSDI counseling to special education students and their parents for the state of Connecticut. She has been a vocational rehabilitation counselor for the Bureau of Rehabilitation Services, a Senior Benefit Consultant for the Connect to Work Center at the Department of Rehabilitation Services/Bureau of Rehabilitation Services and an Education Consultant for BRs with primary responsibilities in the areas of school to work transition and personal assistance. Ms. Clay is currently, Bureau Chief of the Department of Rehabilitation Services, Bureau of Rehabilitation Services/Community Living Division.

Andrea L. Coraggio, M.Ed., CRC
Andrea earned a Bachelor of Science in Psychology from Roger Williams University and a Master of Education in Rehabilitation Counseling from Springfield College. She has worked as a Vocational Consultant for Unum, a disability insurance company, since 2002. Prior to working at Unum she worked for MRC as a job placement specialist. In her spare time she loves to cook, run, read and spend time with her two children and husband.

Jessica Corneau
Jessica, a 1999 graduate of the Rehabilitation Counseling program at Assumption, has been teaching two of the vocationally focused courses in the program since 2001 and, more recently, in the online program since 2012. Her background in the field includes VR counseling work in the private and public sector, although her heart lies in the public VR system and the diversity that counselors are exposed to in that environment. She currently works full time for the State of CT, Bureau of Rehabilitation Services, as a VR Supervisor.

James DiReda, Ph.D.
Dr. DiReda holds a dual Ph.D., in Sociology and Social Work from Boston University, and a Master’s degree in Social Work from the University of Connecticut. He is a Licensed Independent Clinical Social Worker with over twenty-nine years of direct clinical experience in the field of mental health and addictions counseling.
He has served as an advocate, treatment provider, researcher, and educator, working with individuals and families, hospitals, corrections facilities, and treatment programs, in both private and not-for-profit organizations around issues of mental health and substance use. He is Assistant Professor in the School of Justice and Social Science at Anna Maria College, adjunct faculty member at Assumption College Rehabilitation Counseling Graduate Program and Boston College Graduate School of Social Work, and maintains a private clinical practice in West Boylston, MA.

**Calvin Hill, Ph.D.**

Dr. Hill currently serves as Vice President of Inclusion and Community Engagement at Springfield College, in Springfield, Massachusetts. In this role, among other responsibilities, he is responsible for creating an inclusive and diverse campus community. In addition to his administrative appointments, he also has numerous years of teaching experience. Dr. Hill began his teaching career at Anna Maria College in Paxton, Massachusetts, where he served as assistant professor in the Division of Business, Law and Public Policy. Dr. Hill has been a faculty member in the Rehabilitation Counseling Graduate Program at Assumption College for over 12 years. Dr. Hill received his bachelor of arts degree in history-political science from Bethany College – Lindsborg, Kansas, masters of science degree in student personnel administration from Emporia State University – Emporia, Kansas, and a doctorate of philosophy degree in political science from Howard University – Washington, DC.

**Dr. James Lewis, III, PsyD**

James earned a BS in Psychology, Philosophy and African, African-American Studies at the University of Michigan, an MS in Clinical Neuropsychology from Howard University and a PsyD PhD in Clinical Neuropsychology from Central Michigan University. He is the Former Director and COO of the National Center for Children Exposed to Violence at the Yale Child Study Center, Child Development-Community Policing Program New Haven Connecticut, as well as a Subject Matter Expert (SME) on Child trauma and Policing for children exposed to violence (CEV) for the State of California Police Officer Standards and Training (POST).

**Andrea Randall, MA, CAGS, CRC**

Andrea is a Certified Rehabilitation Counselor who joined Assumption College Rehabilitation Counseling program as an adjunct professor in 2016. She received a BA in Psychology from Clark University, an MA and CAGS in Rehabilitation Counseling from Assumption College and an MA in Clinical Mental Health Counseling from William James College. Andrea has experience working in diverse environments including community mental health, public schools and college counseling centers and has provided mental health counseling to a wide range of populations. She is currently focused on working with college and university students. Areas of clinical interest include mindfulness, depression, anxiety and addiction.

**Susan Sabelli**

Susan Sabelli serves as clinical coordinator for the Institute for Social and Rehabilitation Services for both undergraduate and graduate students. She is a certified Rehabilitation Counselor and the holder of the first license for Rehabilitation Counselors offered by the Commonwealth of Massachusetts. Susan received an A.B. from Merrimack College and an M.A. and C.A.G.S. from Assumption College.

**Timothy Schmutte, Ph.D.**

Timothy Schmutte is a clinical psychologist who has devoted 20 years to helping people across the lifespan recover in medical and psychiatric rehabilitation settings. He has enjoyed teaching as an adjunct professor for over 15 years. Currently, he works as a researcher in psychiatric rehabilitation at the Program for Recovery and Community Health in the Department of Psychiatry at Yale University. Timothy received a Ph.D. in Clinical Psychology from Ferkauf Graduate School of Psychology, Albert Einstein College of Medicine, Yeshiva University.

**Susan Scully-Hill, Ph.D.**

Susan Scully-Hill is Director of the Department of Human Services and Rehabilitation Studies and Assistant Professor of Human Services and Rehabilitation Studies. She has been a faculty member since 1998. Previous to her faculty appointment at Assumption College, she was an assistant professor at Emporia State University, teaching both undergraduate and graduate classes in Counselor Education and Rehabilitation Programs. She has numerous publication credits in many areas related to the human services, education and rehabilitation counseling professions. Susan received her B.A., M.A., and Ph.D. from Michigan State University.

**Justin S. Somers MA, CAGS, CRC**

Justin Somers is a certified rehabilitation counselor with a focus on rehabilitation of veterans. He employs an eclectic and person centered approach to rehabilitation counseling and has been an adjunct faculty since fall 2015. Justin received a BS in Psychology from Plymouth State University and an MA and CAGS in Rehabilitation Counseling from Assumption College.

**Beverly Stewart**

Beverly Stewart received her MA/CAGS in Rehabilitation Counseling from Assumption College and has been a rehabilitation practitioner and manager/mentor of rehabilitation counselors for many years. She is currently the chair of the Board of Directors at NEADS – dogs for deaf and disabled Americans.

**Mark Stewart, MA/CAGS, CRC**

Mark is a full-time faculty member in the Human Services and Rehabilitation Studies at Assumption College. Previously, he has worked in several community-based treatment facilities serving people with mental illness and/or substance abuse issues for 25 years. Mark received a B.A in Sociology from the University of Rhode Island and an MA in Rehabilitation Counseling from Assumption College.

**Heather Ward Harris**

Heather Harris came to Assumption College as an online adjunct faculty in 2010. She has taught for the University of Kentucky’s online Master’s program in Rehabilitation Counseling since 2004. She is a Certification Rehabilitation Counselor and has owned her own vocational consulting business since 2007. Heather received a B.S. from Eastern Kentucky University and an MRC from University of Kentucky.
Assumption College is located in Worcester Massachusetts, New England’s second-largest city, and home to 12 colleges and more than 30,000 students. The campus is nestled on 185 park-like acres in a safe and serene section of the city, with easy access to internships and entertainment.

The college offers graduate students the opportunity to attend numerous free lectures and events, and you have complete access to the Plourde Recreation Center, a state-of-the-art facility with a beautiful pool, cardio and weight machines, and racquetball and squash courts.

Listed on Forbes.com as one of the top-10 most livable cities in the country, metro-Worcester has a population of almost 800,000. Fine dining to exotic foods, an eclectic music scene and a vibrant art community are part of the diverse culture of the city. Whether it’s sports teams, concerts by highly acclaimed artists, or national theatrical touring companies, there are numerous entertainment options in Worcester.

Travel to nearby Boston on one of the numerous daily trains from Worcester. The diverse beauties of New England are just an hour’s drive away, with mountains to the north and the Atlantic Ocean to the east. Boston, Providence and Hartford are about 45 miles away and New York City is a three-hour drive.
“This is one of the finest programs in the country.”

– Ronald P. Coderre, M.A., C.A.G.S.,’72
Former Vice President for Philanthropy
Day Kimball Hospital

“This is one of the finest programs in the country, exemplified by the fact that other colleges have used it as a model. Its graduates are intelligent, dedicated counselors with a proven record of success.

I’ve drawn upon my experience in the program throughout every phase of my career in the human services field—as a counselor, an employer, a manager, a professional fundraiser, and executive. Assumption College is a first class community of learning.”

College Accreditation
Accredited by:
New England Association of Schools and Colleges, Inc.
Commonwealth of Massachusetts Department of Elementary & Secondary Education
Council on Rehabilitation Education

College’s Mission
Assumption College, rooted in the Catholic intellectual tradition, strives to form graduates known for critical intelligence, thoughtful citizenship and compassionate service. We pursue these ambitious goals through a curriculum grounded in the liberal arts and extending to the domain of professional studies. Enlivened by the Catholic affirmation of the harmony of faith and reason, we aim, by the pursuit of the truth, to transform the minds and hearts of students. Assumption favors diversity and ecumenically welcomes all who share its goals.

Assumptionist Sponsorship
The order of the Augustinians of the Assumption, founders of Assumption College, was begun by an educator whose most cherished project was the establishment of a Catholic university. Fr. Emmanuel d’Alzon envisioned an institution committed to academic excellence. Father d’Alzon was also devoted to helping people learn, adapt, grow and change in various ways.
NOTE: The College reserves the right to withdraw or modify any of the courses or programs listed in this viewbook, or to cancel any course or program for which it deems the registration insufficient, or to make any course or regulation change it considers necessary. The College further reserves the right to suspend the acceptance of applications in particular programs.